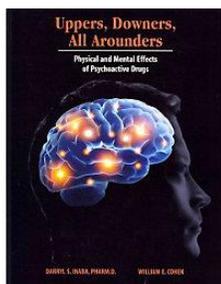


Semester:	Fall 2019	Instructor Name:	Robert Wyatt
Course Title & #:	ADS 110	Email:	Robert.wyatt@imperial.edu
CRN #:	10532	Webpage:	http://www.imperial.edu
Classroom:	411	Office #:	809
Class Dates:	08/19/19 - 12/14/19	Office Hours:	By Appointment Only
Class Days:	Thursday	Office Phone #:	760-355-6492
Class Times:	6:30pm - 9:40pm	Emergency Contact:	760-348-7000, Extension 7645
Units:	3		

Course Description

The course is designed to provide the student with information on the processing systems of the body and how they react to alcohol and drugs. This course will seek to explain where and how drugs act and why. The course will bring about an understanding of how drugs influence consciousness, mood and feeling. It will enable students to understand that both the internal and external environments have important effects on the well-being of the individual.

Course Textbook



Uppers, Downers, & All Arounders

Edition: 8th

ISBN: 9780926544390

Author: Inaba

Publisher: CNS Publications, Inc.

Student Learning Outcomes

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

1. Identify Uppers, Downers, and All Arounders.
2. Identify the physiological effect on the body and mind.
3. Identify cultural differences in alcohol and drugs use and treatment modalities appropriate to culture and environment.
4. Identify post-acute withdrawal symptoms for addicts as well as family members

Course Objectives

Upon satisfactory completion of the course, students will be able to:

1. Engage students to gain knowledge and awareness of the physiological effects of psychoactive drugs and alcohol on the human body.
2. Identify the physiological functioning of the central nervous system.
3. Describe the disease concept of alcoholism and explain the pharmacological effects of alcohol, the entire nervous system, and the entire organ system. (Cardiovascular, gastrointestinal, respiratory, reproductive, urogenital, skin, endocrine, and fluid balance systems)
4. Recognize the physiological effects of narcotics, analgesics, hypnotic drugs, tranquilizers, stimulants, and hallucinogenic drugs such as marijuana.

Course Requirements and Instructional Methods

This course will consist of a combination of lectures, class discussion, assigned readings, videos, group project and performance on exams.

Thought Paper Assignment(s): There will be two (2) thought papers due at various times during the semester. These are essays of 2-3 pages, which will be based on the readings and class material. Late papers will not be accepted and I DO NOT accept thought papers by e-mail. Thought papers should address the following: An interesting idea regarding the physiological effects of alcohol and drugs from the text, class discussion, an article from the internet or magazine, and /or a television program, from your point of view. Don't provide a review of the reading/program, but your own thoughts.

Group Assignment: There will be one (1) group assignment given. More information about this assignment will be given later.

Exams: Two (2) exams will be given. Exams will consist of multiple choice, and true and false.

Class participation and Attendance: At the beginning of each class, attendance will be taken (roll call). If a student must arrive late or leave early, the instructor should be notified so that the student is not penalized unfairly. It is the student's responsibility to let the instructor know when they are in class, particularly if they miss the roll call. Class participation will be measured by presence, active interest and involvement in discussions, exercises and participation.

Course Grading Based on Course Objectives

100 – 90% = A	Exams = (2) @ 200 points	500 – 470 = A
89 – 80% = B	Thought Papers = (2) @ 75 points	469 – 440 = B
79 – 70% = C	Group Project = (1) @ 200 points	439 – 410 = C
69 – 60% = D	Class Participation = 25 points	409 – 380 = D
59 – 00% = F	Total Points Possible = 500 Points	379 – 000 = F

Attendance

- A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of that class. Should readmission be desired, the student's status will be the same as that of any other student who desires to add a class. It is the student's responsibility to drop or officially withdraw from the class.
- Regular attendance in all classes is expected of all students. A student whose continuous, unexcused absences exceed the number of hours the class is scheduled to meet per week may be dropped. For online courses, students who fail to complete required activities for two consecutive weeks may be considered to have excessive absences and may be dropped.
- Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as 'excused' absences.

Classroom Etiquette

- Electronic Devices: Cell phones and electronic devices must be turned off and put away during class, unless otherwise directed by the instructor.
- Food and Drink are prohibited in all classrooms. Water bottles with lids/caps are the only exception. Additional restrictions will apply in labs. Please comply as directed by the instructor.
- Students who disrupt or interfere with a class may be sent out of the room and told to meet with the Campus Disciplinary Officer before returning to continue with coursework. Disciplinary procedures will be followed as outlined in the General Catalog.
- Children in the classroom: Due to college rules and state laws, only students enrolled in the class may attend; children are not allowed.

Online Netiquette

- What is netiquette? Netiquette is internet manners, online etiquette, and digital etiquette all rolled into one word. Basically, netiquette is a set of rules for behaving properly online.
- Students are to comply with the following rules of netiquette: (1) identify yourself, (2) include a subject line, (3) avoid sarcasm, (4) respect others' opinions and privacy, (5) acknowledge and return messages promptly, (6) copy with caution, (7) do not spam or junk mail, (8) be concise, (9) use

appropriate language, (10) use appropriate emoticons (emotional icons) to help convey meaning, and (11) use appropriate intensifiers to help convey meaning [do not use ALL CAPS or multiple exclamation marks (!!!!)].

Academic Honesty

Academic honesty in the advancement of knowledge requires that all students and instructors respect the integrity of one another's work and recognize the important of acknowledging and safeguarding intellectual property.

There are many different forms of academic dishonesty. The following kinds of honesty violations and their definitions are not meant to be exhaustive. Rather, they are intended to serve as examples of unacceptable academic conduct.

- Plagiarism is taking and presenting as one's own the writings or ideas of others, without citing the source. You should understand the concept of plagiarism and keep it in mind when taking exams and preparing written materials. If you do not understand how to "cite a source" correctly, you must ask for help.
- Cheating is defined as fraud, deceit, or dishonesty in an academic assignment, or using or attempting to use materials, or assisting others in using materials that are prohibited or inappropriate in the context of the academic assignment in question.

Anyone caught cheating or plagiarizing will receive a zero (0) on the exam or assignment, and the instructor may report the incident to the Campus Disciplinary Officer, who may place related documentation in a file. Repeated acts of cheating may result in an F in the course and/or disciplinary action.

Please refer to the General Catalog for more information on academic dishonesty or other misconduct. Acts of cheating include, but are not limited to, the following: (a) plagiarism; (b) copying or attempting to copy from others during an examination or on an assignment; (c) communicating test information with another person during an examination; (d) allowing others to do an assignment or portion of an assignment; (e) using a commercial term paper service.

Additional Student Services

Imperial Valley College offers various services in support of student success. The following are some of the services available for students. Please speak to your instructor about additional services which may be available.

- CANVAS LMS. Canvas is Imperial Valley College's main Learning Management System. To log onto Canvas, use this link: [Canvas Student Login](#). The Canvas Student Guides Site provides a variety of support available to students 24 hours per day. Additionally, a 24/7 Canvas Support Hotline is available for students to use: 877-893-9853.
- Learning Services. There are several learning labs on campus to assist students through the use of computers and tutors. Please consult your Campus Map for the Math Lab; Reading, Writing & Language Labs; and the Study Skills Center.

- **Library Services.** There is more to our library than just books. You have access to tutors in the Study Skills Center, study rooms for small groups, and online access to a wealth of resources.

Disabled Student Programs and Services (DSPS)

Any student with a documented disability who may need educational accommodations should notify the instructor or the Disabled Student Programs and Services (DSP&S) office as soon as possible. The DSP&S office is located in Building 2100, telephone 760-355-6313. Please contact them if you feel you need to be evaluated for educational accommodations.

Student Counseling and Health Services

Students have counseling and health services available, provided by the pre-paid Student Health Fee.

- **Student Health Center.** A Student Health Nurse is available on campus. In addition, Pioneers Memorial Healthcare District provide basic health services for students, such as first aid and care for minor illnesses. Contact the IVC Student Health Center at 760-355-6128 in Room 1536 for more information.
- **Mental Health Counseling Services.** Short-term individual, couples, family and group counseling services are available for currently enrolled students. Services are provided in a confidential, supportive, and culturally sensitive environment. Please contact the IVC Mental Health Counseling Services at 760-355-6310 or in the building 1536 for appointments or more information

Veteran's Center

The mission of the IVC Military and Veteran Success Center is to provide a holistic approach to serving military/veteran students on three key areas: 1) Academics, 2) Health and Wellness, and 3) Camaraderie; to serve as a central hub that connects military/veteran students, as well as their families, to campus and community resources. Their goal is to ensure a seamless transition from military to civilian life. The Center is located in Building 600 (Office 624), telephone 760-355-6141.

Extended Opportunity Program and Services (EOPS)

The Extended Opportunity Program and Services (EOPS) offers services such as priority registration, personal/academic counseling, tutoring, book vouchers, and community referrals to qualifying low-income students. EOPS is composed of a group of professionals ready to assist you with the resolution of both academic and personal issues. Our staff is set up to understand the problems of our culturally diverse population and strives to meet student needs that are as diverse as our student population.

Also under the umbrella of EOPS our CARE (Cooperative Agency Resources for Education) Program for single parents is specifically designed to provide support services and assist with the resolution of issues that are particular to this population. Students that are single parents receiving TANF/Cash Aid

assistance may qualify for our CARE program, for additional information on CARE please contact Lourdes Mercado, 760-355- 6448, lourdes.mercado@imperial.edu.

EOPS provides additional support and services that may identify with one of the following experiences:

- Current and former foster youth students that were in the foster care system at any point in their lives
- Students experiencing homelessness
- Formerly incarcerated students

To apply for EOPS and for additional information on EOPS services, please contact Alexis Ayala, 760-355-5713, alexis.ayala@imperial.edu.

Student Equity Program

- The Student Equity Program strives to improve Imperial Valley College's success outcomes, particularly for students who have been historically underrepresented and underserved. The college identifies strategies to monitor and address equity issues, making efforts to mitigate any disproportionate impact on student success and achievement. Our institutional data provides insight surrounding student populations who historically, are not fully represented. Student Equity addresses disparities and/or disproportionate impact in student success across disaggregated student equity groups including gender, ethnicity, disability status, financial need, Veterans, foster youth, homelessness, and formerly incarcerated students. The Student Equity Program provides direct supportive services to empower students experiencing insecurities related to food, housing, transportation, textbooks, and shower access. We recognize that students who struggle meeting their basic needs are also at an academic and economic disadvantage, creating barriers to academic success and wellness. We strive to remove barriers that affect IVC students' access to education, degree and certificate completion, successful completion of developmental math and English courses, and the ability to transfer to a university. Contact: 760.355.5736 or 760.355.5733 Building 100.
- The Student Equity Program also houses IVC's Homeless Liaison, who provides direct services, campus, and community referrals to students experiencing homelessness as defined by the McKinney-Vento Act. Contact: 760.355.5736 Building 100.

Student Rights and Responsibilities

Students have the right to experience a positive learning environment and to due process of law. For more information regarding student rights and responsibilities, please refer to the IVC General Catalog.

Information Literacy

Imperial Valley College is dedicated to helping students skillfully discover, evaluate, and use information from all sources. The IVC Library Department provides numerous Information Literacy Tutorials to assist students in this endeavor.

Anticipated Class Schedule/Calendar *(Tentative Schedule. Can change without notice)*

Date & Week	Activity, Assignment, and/or Topic	Assignments Due
Week 1 August 22	Syllabus & Introduction	Read Chapter 1
Week 2 August 29	Chapter 1 Psychoactive drugs: History & Classification	Read Chapter 2
Week 3 September 5	Chapter 2 Heredity, Environment & Psychoactive Drugs	Read Chapter 3
Week 4 September 12	Chapter 3 Uppers	Read Chapter 4
Week 5 September 19	Chapter 4 Downers	Groups & Assign Topic Read Chapter 5
Week 6 September 26	Chapter 5 Alcohol	Study for Mid-Term
Week 7 October 3	Mid-Term Exam Thought Paper 1 Due	Read Chapter 6
Week 8 October 10	Chapter 6 All Arounders	Read Chapter 7
Week 9 October 17	Chapter 7 Other Drugs, Other Addictions	Read Chapter 8
Week 10 October 24	Chapter 8 Drug Use & Prevention: From Cradle to Grave	Read Chapter 9
Week 11 October 31	Chapter 9 Treatments	Read Chapter 10
Week 12 November 7	Chapter 10 Mental Health & Drugs	Prepare for Presentation
Week 13 November 14	Group Report Due Group Presentations	No Homework
Week 14 November 21	No Class Thanksgiving Holiday – Fall Break	Prepare for Presentation
Week 15 November 28	Group Presentations Group Presentations	Prepare for Presentation
Week 16 December 5	Group Presentations Group Presentations	Study for Final Exam
Week 17 December 12	Final Exam Thought Paper 2 Due	Enjoy your winter break!