

### Basic Course Information

|                   |   |                  |                                   |
|-------------------|---|------------------|-----------------------------------|
| Semester:         | <b>Fall 2018</b>                        | Instructor Name: | <b>Veronica M Soto</b>            |
| Course Title & #: | <b>COUN 120: College Success Skills</b> | Email:           | <b>veronica.soto@imperial.edu</b> |
| CRN #:            | <b>11310 &amp; 11477</b>                | Units            | <b>3</b>                          |
| Classroom:        | <b>Online Only</b>                      | Office #:        | <b>Building 100 (EOPS Office)</b> |
| Class Dates:      | <b>08/13/2018 to 12/08/18</b>           | Office Hours:    | <b>By appointment or online</b>   |
| Class Days:       | <b>Online Only</b>                      | Office Phone #:  | <b>(760)-355-6263</b>             |

### Course Description

The course is designed to assist students in learning how to reach their educational and life planning goals. Topics covered will include orientation to Imperial Valley College, study skills and personal adjustments to college life. Strategies covered will include skills such as creative goal setting, note-taking, listening, time-management, learning styles, test taking, library and financial resources and educational program planning. Course is recommended for new and continuing students.

### Student Learning Outcomes

Upon course completion, the successful student will have acquired new skills, knowledge, and attitudes as demonstrated by being able to:

1. Identify three study tips and three ways to take notes and state how improving these techniques are important for student college success. (ILO2,ILO3,ILO4)
2. Identify ten campus resources and be able to explain what resources they find are important for their personal college success. (ILO1,ILO3,ILO4)
3. Identify what is their short term/long term academic goal(s).ILO1,ILO2,ILO3

### Course Objectives

Upon satisfactory completion of the course, students will be able to:

1. Distinguish and Identify campus student support services on campus.
2. Construct a personal timeline utilizing course information about important college dates and deadlines used for class assignments, personal priorities and to assist with development of educational plan.
3. Identify and utilize programs, services and resources, both on campus and in the community, that meet the individual student needs.
4. Identify and utilize academic skills such as test taking, note-taking, textbook reading techniques, time-management learning styles for the purpose of maximizing their learning in college courses.
5. Identify and utilize programs, services and resources, both on campus and in the community, that meet the individual student needs.
6. With presentation from librarian, define & utilize effective library research strategies by locating informational sources in campus library and World Wide Web and translate skills to formalize

class projects.

7. Identify and demonstrate orally and in writing effective communication skills to enhance positive interpersonal relationships.
8. Analyze the value of nutrition, physical and mental fitness, and how these relate to their personal success.
9. Analyze attitude, motivation, behavior, and their impact on academic performance and success; identify the role of personal, family, cultural, and societal assumptions and expectations.
10. Analyze educational forecasting; recognize the ways group identification, gender identity and family roles impact experiences and assumptions.
11. Describe their personal cultural identity and recognize cultural, linguistic and physical ability groups.
12. Develop critical thinking skills as they relate to personal and educational development.

### Textbooks & Other Resources or Links

- Dave Ellis 2017. *Becoming a Master Student* 16th. Cengage Learning ISBN: 9781337597012. *Loose Leaf Bundle*
- *LMS Integrated MindTap® College Success*. Cengage Learning, 16th
- Online resources in topics as needed.

### Course Requirements and Instructional Methods

This course will consist of a combination of lectures, assigned workbook activity, lab assignments and performance on homework and exams.

#### Lab Assignments:

- Every week there will be lab assignments that correspond to the unit covered during lecture.

#### Homework:

- There will be a concept review quiz each week based on the unit covered.

#### Exams/Quizzes:

- Two (2) exams will be given. Exams will be multiple choice and True and False. No make-up exams will be given. Tests will be administered using Canvas.
- Chapter quizzes (to be determined).

#### Out of Class Assignments:

- The Department of Education policy states that one (1) credit hour is the amount of student work that reasonably approximates not less than one hour of class time and two (2) hours of out-of-class time per week over the span of a semester. WASC has adopted a similar requirement.
- In groups of 4-5 students will participate in Scavenger Hunt assignment and locate ten campus resources available at IVC and will present to class as a group.
- Students will set up an appointment with counselor at IVC to discuss academic goals available at IVC and will choose a Student Educational Plan based on Setting Goals (short or long). Will submit Degreeworks Planner (aka Student Educational Plan

### Course Grading Based on Course Objectives

|                                |   |                |   |           |
|--------------------------------|---|----------------|---|-----------|
| <b>GRADING:</b>                | You may earn up to <b>700 points</b> , as | <b>GRADING</b> | A | 630-700   |
| Discussions                    | 120 pts                                   | <b>SCALE:</b>  | B | 560-629   |
| Quizzes                        | 260 pts                                   |                | C | 490-559   |
| Assignments (Cengage: MindTap) | 180 pts                                   |                | D | 420-489   |
| Scavenger Hunt                 | 40 pts                                    |                | F | 419-below |
| Student Education Plan         | 25 pts                                    |                |   |           |
| Final:                         | 75 pts                                    |                |   |           |

**Note:** To receive full credit, all work must be turned in on time. If you have an emergency which prevents you from participating in class, it is your responsibility to make acceptable arrangements prior to the absence. The attendance and tardy policy follows the regulations in the IVC catalog.

### Attendance

- A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of that class. Should readmission be desired, the student's status will be the same as that of any other student who desires to add a class. It is the student's responsibility to drop or officially withdraw from the class. See [General Catalog](#) for details.
- Regular attendance in all classes is expected of all students. A student whose continuous, unexcused absences exceed the number of hours the class is scheduled to meet per week may be dropped. For online courses, students who fail to complete required activities for two consecutive weeks may be considered to have excessive absences and may be dropped.
- Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as 'excused' absences.

### Classroom Etiquette

- Electronic Devices: Cell phones and electronic devices must be turned off and put away during class, unless otherwise directed by the instructor.
- Food and Drink are prohibited in all classrooms. Water bottles with lids/caps are the only exception. Additional restrictions will apply in labs. Please comply as directed by the instructor.
- Disruptive Students: Students who disrupt or interfere with a class may be sent out of the room and told to meet with the Campus Disciplinary Officer before returning to continue with coursework. Disciplinary procedures will be followed as outlined in the [General Catalog](#).
- Children in the classroom: Due to college rules and state laws, no one who is not enrolled in the class may attend, including children.

### Academic Honesty

Academic honesty in the advancement of knowledge requires that all students and instructors respect the integrity of one another's work and recognize the important of acknowledging and safeguarding intellectual property. There are many different forms of academic dishonesty.

The following kinds of honesty violations and their definitions are not meant to be exhaustive. Rather, they are intended to serve as examples of unacceptable academic conduct.

- **Plagiarism** is taking and presenting as one's own the writings or ideas of others, without citing the source. You should understand the concept of plagiarism and keep it in mind when taking exams and preparing written materials. If you do not understand how to "cite a source" correctly, you must ask for help.
- **Cheating** is defined as fraud, deceit, or dishonesty in an academic assignment, or using or attempting to use materials, or assisting others in using materials that are prohibited or inappropriate in the context of the academic assignment in question.

Anyone caught cheating or plagiarizing will receive a zero (0) on the exam or assignment, and the instructor may report the incident to the Campus Disciplinary Officer, who may place related documentation in a file. Repeated acts of cheating may result in an F in the course and/or disciplinary action. Please refer to the [General Catalog](#) for more information on academic dishonesty or other misconduct. Acts of cheating include, but are not limited to, the following: (a) plagiarism; (b) copying or attempting to copy from others during an examination or on an assignment; (c) communicating test information with another person during an examination; (d) allowing others to do an assignment or portion of an assignment; (e) using a commercial term paper service.

### Additional Student Services

Imperial Valley College offers various services in support of student success. The following are some of the services available for students. Please speak to your instructor about additional services which may be available.

- **CANVAS LMS.** Canvas is Imperial Valley College's main Learning Management System. To log onto Canvas, use this link: [Canvas Student Login](#). The [Canvas Student Guides Site](#) provides a variety of support available to students 24 hours per day. Additionally, a 24/7 Canvas Support Hotline is available for students to use: 877-893-9853.
- **Learning Services.** There are several learning labs on campus to assist students through the use of computers and tutors. Please consult your [Campus Map](#) for the [Math Lab](#); [Reading, Writing & Language Labs](#); and the [Study Skills Center](#).
- **Library Services.** There is more to our library than just books. You have access to tutors in the learning center, study rooms for small groups, and online access to a wealth of resources.

### Disabled Student Programs and Services (DSPS)

Any student with a documented disability who may need educational accommodations should notify the instructor or the [Disabled Student Programs and Services](#) (DSP&S) office as soon as possible. The DSP&S office is located in Building 2100, telephone 760-355-6313. Please contact them if you feel you need to be evaluated for educational accommodations.

### Student Counseling and Health Services

Students have counseling and health services available, provided by the pre-paid Student Health Fee.

- **Student Health Center.** A Student Health Nurse is available on campus. In addition, Pioneers Memorial Healthcare District provide basic health services for students, such as first aid and care for minor illnesses. Contact the IVC [Student Health Center](#) at 760-355-6128 in Room 1536 for more information.

- **[Mental Health Counseling Services](#)**. Short-term individual, couples, family, and group therapy are provided to currently enrolled students. Contact the IVC [Mental Health Counseling Services](#) at 760-355-6196 in Room 2109 for more information.

### **Veteran's Center**

The mission of the [IVC Military and Veteran Success Center](#) is to provide a holistic approach to serving military/veteran students on three key areas: 1) Academics, 2) Health and Wellness, and 3) Camaraderie; to serve as a central hub that connects military/veteran students, as well as their families, to campus and community resources. Their goal is to ensure a seamless transition from military to civilian life. The Center is located in Building 600 (Office 624), telephone 760-355-6141

### **Extended Opportunity Program and Services (EOPS)**

The Extended Opportunity Program and Services (EOPS) offers services such as priority registration, personal/academic counseling, tutoring, book vouchers, and community referrals to qualifying low-income students. EOPS is composed of a group of professionals ready to assist you with the resolution of both academic and personal issues. Our staff is set up to understand the problems of our culturally diverse population and strives to meet student needs that are as diverse as our student population.

Also under the umbrella of EOPS our CARE (Cooperative Agency Resources for Education) Program for single parents is specifically designed to provide support services and assist with the resolution of issues that are particular to this population. Students that are single parents receiving TANF/Cash Aid assistance may qualify for our CARE program, for additional information on CARE please contact Lourdes Mercado, 760-355- 6448, [lourdes.mercado@imperial.edu](mailto:lourdes.mercado@imperial.edu).

EOPS provides additional support and services that may identify with one of the following experiences:

- Current and former foster youth students that were in the foster care system at any point in their lives
- Students experiencing homelessness
- Formerly incarcerated students

To apply for EOPS and for additional information on EOPS services, please contact Alexis Ayala, 760-355- 5713, [alexis.ayala@imperial.edu](mailto:alexis.ayala@imperial.edu).

### **Student Equity Program**

- The Student Equity Program strives to improve Imperial Valley College's success outcomes, particularly for students who have been historically underrepresented and underserved. The college identifies strategies to monitor and address equity issues, making efforts to mitigate any disproportionate impact on student success and achievement. Our institutional data provides insight surrounding student populations who historically, are not fully represented. Student Equity addresses disparities and/or disproportionate impact in student success across

disaggregated student equity groups including gender, ethnicity, disability status, financial need, Veterans, foster youth, homelessness, and formerly incarcerated students. The Student Equity Program provides direct supportive services to empower students experiencing insecurities related to food, housing, transportation, textbooks, and shower access. We recognize that students who struggle meeting their basic needs are also at an academic and economic disadvantage, creating barriers to academic success and wellness. We strive to remove barriers that affect IVC students' access to education, degree and certificate completion, successful completion of developmental math and English courses, and the ability to transfer to a university. Contact: 760.355.5736 or 760.355.5733 Building 100.

- The Student Equity Program also houses IVC's Homeless Liaison, who provides direct services, campus, and community referrals to students experiencing homelessness as defined by the McKinney-Vento Act. Contact: 760.355.5736 Building 100.

### Student Rights and Responsibilities

Students have the right to experience a positive learning environment and to due process of law. For more information regarding student rights and responsibilities, please refer to the IVC [General Catalog](#).

### Information Literacy

Imperial Valley College is dedicated to help students skillfully discover, evaluate, and use information from all sources. Students can access tutorials at the Information Literacy Website managed by the IVC Library.

### Anticipated Class Schedule/Calendar:

| Week  | Activity, Assignment, and/or Topic   |
|---|--|
| Week 1  | Getting Started/Syllabus/Course Policies/Course Road Map                         |
| Week 1 & 2  | Course Roadmap Review/Getting Started Quiz/Cengage Introduction                  |
| Week 3  | Introduction: Becoming a Master Student/Campus Resources Scavenger Hunt:         |
| Week 4  | Ch 1 Discovering Yourself /Learning Styles/ VARK                                 |
| Week 5  | Ch 2 Time/Goal Setting   |
| Week 6  | Ch 3 Memory  |
| Week 7  | Ch 4 Reading   |
| Week 8  | Ch 5 Notes   |
| Week 9  | Ch 6 Tests   |
| Week 10   | Ch 7 Thinking  |
| Week 11   | Ch 8 Communicating   |
| Week 12   | Ch 9 Move Higher   |
| Week 13   | Ch 10 Next Steps   |
| Week 14   | Student Ed Planning/Choosing a major   |
| Week 15   | Skills Snapshot (Reviewing your Discovering Yourself: Discovery Wheel/ Next Step |
| Week 16   | Final  |
| <b>***Tentative Schedule, subject to change without prior notice***</b> |  |