

Basic Course Information

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|-------------------|---------------------------------|---------------------|---------------------------------------|
| Semester: | Spring 2017 | Instructor Name: | CRISTAL MORA |
| Course Title & #: | Common Health Problems I | Email: | Cristal.mora@imperial.edu |
| CRN #: | 20988 | Webpage (optional): | |
| Classroom: | 2135 | Office #: | 2134 |
| Class Dates: | 4/10/2017-6/9/2017 | Office Hours: | MT 0700-0800 WTH 1245-1345 |
| Class Days: | MTWTH | Office Phone #: | 760-355-6345 |
| Class Times: | MT 0645-1530 WTH 0800-1240 | Emergency Contact: | CARLOS RAMIREZ |
| Units: | 5.5 | | |

Course Description

The first of three eight-week courses designed to provide a progressive and sequential study of common well-defined alterations in health of the respiratory, reproductive, and special senses system are presented. Transition from wellness to illness is emphasized. Concepts acquired in previous courses are applied with increasing complexity to caring for individuals of all ages. Physiological, psychological, emotional, cultural, and social concepts are integrated into the planning and implementation of nursing care. Concurrent classroom and clinical experience are provided. This course focuses on the care of adult and pediatric clients with health alterations that require medical and/or surgical intervention. Emphasis is placed on the care of clients with alterations in selected body functions. Concepts of client centered care, cultural sensitivity, informatics, safe practices, and professionalism are integrated throughout the course. Clinical experiences provide the student an opportunity to apply theoretical concepts and implement safe client care to adults in a variety of settings.

Student Learning Outcomes

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

1. Satisfactorily perform a respiratory assessment on an adult or child in a simulated or actual clinical setting. (ILO 1, 2, 3, 4, 5)
2. Identify the legal and cultural issues involved in caring for patients with common health problems. (ILO 1, 2, 3, 4, 5)
3. Student will successfully demonstrate suctioning techniques required for patients with common respiratory problems in a simulated or actual clinical setting. (ILO 1, 2, 3, 4, 5)

Course Objectives

Upon satisfactory completion of the course, students will be able to:

1. Assist individuals and families to cope with loss; the grieving process.
2. Compare and contrast surgical interventions common to patients with respiratory, reproductive and special senses problems.
3. Relate the principles of fluid and electrolyte alteration in nursing care of various health disorders.

4. Identify common alterations in oxygenation that impact on individuals throughout the lifespan.
5. Plan nursing care for adult and pediatric patients with an alteration in oxygenation who are being treated medically/surgically.
6. Plan nursing care for patients with alterations in oxygenation that impact individuals throughout the lifespan.
7. Plan nursing care for patients with problems of the reproductive system.
8. Develop technical skills required to provide skilled nursing care to patients with respiratory, reproductive, and special senses problems.
9. Develop teaching plans for patients with respiratory, reproductive, and special senses problems.
10. Recognize the legal, ethical and cultural issues involved in caring for patients with chronic respiratory, reproductive, and special senses problems

Textbooks & Other Resources or Links

Brunner & Suddarth's Textbook of Medical Surgical Nursing. Lippincott 13 edition 2014
ISBN 978-1-4511-3060-7

Kozier 2008. *Fundamentals of Nursing* 8th. Prentice Hall ISBN: 9780132344876.

Lynn 2010. *Taylor's Clinical Nursing Skills w/CD* 3. Lippincott Williams & Wilkins ISBN:
9780781793841.

Marilynn Doenges, Mary Moorhouse, Alice Murr 2009. *Recommended: Nursing Care Plans: Guidelines for Individualizing Client Care Across the Life Span* 8. F. A. Davis Company ISBN:
9780803622104.

Ruth A. Roth 2010. *Nutrition & Diet Therapy* 10. Cengage Learning ISBN: 9781435486294.

Susan Scott Ricci, Terri Kyle 2008. *Maternity and Pediatric Nursing* Lippincott Williams & Wilkins ISBN: 9780781780551.

Susan Scott Ricci, Terri Kyle 2008. *Recommended: Study Guide for Ricci & Kyle's Maternity and Pediatric Nursing* Lippincott Williams & Wilkins ISBN: 9781605476292.

Taber's cyclopedic Medical Dictionary, 21 Edition., F.A. Davis

Course Requirements and Instructional Methods

Out of Class Assignments: The Department of Education policy states that one (1) credit hour is the amount of student work that reasonably approximates not less than one hour of class time and two (2) hours of out-of-class time per week over the span of a semester. WASC has adopted a similar requirement.

Reading and Writing:

Read assigned chapters in textbooks, develop care plans, accurate documentation by completing charting exercises to participate in data collection

- Audio Visual: DVD of skills required for successful course completion
- Computer Assisted Instruction: Internet research, case study

- Demonstration: skills required for successful course completion
- Discussion: Related topics on Nursing Fundamentals and skills
- Group Activity
- Lab Activity: Assessment Skills; Nursing Fundamental Skills; Check-off demonstrations
- Lecture; powerpoint
- Simulation/Case Study: Nursing skills and Vital signs

Two (2) hours of independent work done out of class per each hour of lecture or class work, or 3 hours lab, practicum, or the equivalent per unit is expected.

ASSIGNMENTS:

Class activities

Class participation and discussion, presentations, unit exams, pop quizzes, calculation exam and Final exam.

Out-of-class:

Reading assignments from required textbooks listed for this course (see text book list), and the pharmacology text used in the pharmacology course. Writing assignments will reflect the objectives listed and may include, but not be limited to, care plans, concept-mapping, drug cards, short essays, and/or professional papers. CD/DVD viewing, internet, research evidence-based articles Additional reference materials will be available in the nursing learning center. Outside assignments may include, but not limited to, nursing lectures or in-services offered by local health facilities, independent exercises, and learning center activities.

Clinical/ simulations assignments:

Clinical/simulations assignments will include preparing for clinical by practicing and demonstrating skills in a check-off simulation, obtaining patient data, reviewing medication information.. Clinical hours will be spent demonstrating proficiency in nursing skills and patient care in the clinical lab setting. Written post-assignments will relate to clinical experience and may include but not be limited to care plans, case studies, and documentation exercises. Clinical sites may include hospitals, clinics, simulation lab.

Simulations

Simulations are a safe learning environment where all students will have the opportunity to interact within a structured scenario. Simulations will be utilized during this class and simulation materials will be handed out during the semester. All advance assignments must be completed before the start of class. Failure to complete the pre-assignment will prevent the student from attending the class for the day and results in a clinical absence.

It is each student's responsibility to complete all facility requirements, i.e., BLS training, immunizations, background checks, drug screening, specific hospital orientation, etc., prior to clinical rotations (please see the student handbook for more information). A student will not be allowed to attend any clinical hours until this is done. If over the maximum hours of absenteeism because of this, the student will be dropped from the class.

Plagiarism and cheating policies noted in the student handbook and IVC policies will be strictly enforced. Students are expected to develop original work for this course. It is recommended that students visit the college library to become acquainted with research tools available.

Course Grading Based on Course Objectives

Students must maintain a “C” average grade as determined by the scale below. Grades will not be “rounded”. To advance to the next semester, a “C” or better is required in this course.

- A = 93-100%
- B = 85-92%
- C = 78-84%
- F = Below 78%

All of the following must be attained to successfully pass this course:

- A. Final Theory Exam score must be passed at a 78%.
- B. Clinical grade must total equivalent of 78% or greater based on all points accumulated.
- C. Theory (exams) grade must total equivalent of 78% or greater.
- D. Dosage Calculation quiz must be passed with a 92%.
- E. Attendance requirements as noted below must be met.
- F. Less than 3 unsatisfactories in clinical work must occur.
- G. Final clinical evaluation must show all categories as “Adequate” or “Satisfactory”.

Clinical evaluation: Clinical evaluation will be done on an ongoing basis with a student required to meet “adequate” or “satisfactory” in all areas to pass the course. Evaluation is based on written assignments, adherence to nursing standards of care, QSEN competencies, and professional performance. An unsatisfactory in clinical may be given based on the same standards of care and professional performance and will require remediation in the learning center. **Three unsatisfactory grades given in clinical or failure to meet the clinical objectives will result in failure of this class regardless of the overall grade.**

Calculation Exam: As a measure of clinical safety, a dosage calculation exam will be given. The dosage calculation exam will have 25 questions. The student must obtain a score equivalency of 92% or better to pass the test and continue in the class. The score will not be included in the grade point average for this class; it is a pass/fail assignment. If the student is unsuccessful on the third attempt taking the math exam, the student will not be allowed to progress to the next semester. The student will receive a grade of “F” in the current nursing course if the third attempt occurs after the last day to drop with a “W”. Any follow-up exams will take place outside of regularly scheduled clinical hours.

Schedule and total points available may change at the discretion of the instructors, taking into account the progress of students with the materials. Any change will be announced in class or via email through Blackboard. Students are held responsible for all materials covered in the syllabus and for any changes that are announced in class or by email.

ATI testing on Medical/Surgical nursing is a part of the VN 122 course. Students are responsible for reading all material in the ATI Nursing Fundamentals book prior to the assigned test date.

To evaluate a student’s ability to provide for patient safety and to demonstrate clinical competence, students must be present in clinical. Absenteeism and/or tardiness beyond the maximum allowed will result in being dropped from VN 122. This will result in a “W” grade if before the drop date and

“F” if after that date.

It is recommended that if a grade falls below 80% that the student will arrange to meet with the faculty member. Faculty can be reached in person, by email, or during office hours to discuss grades or other classroom or clinical matters.

The student is responsible for withdrawing (W) from the class before the deadline as outlined on your registration forms. Failure to pass this class will affect your ability to progress to the next semester.

Students failing or withdrawing must complete a Petition to Re-Enter.

Attendance

- A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of that class. Should readmission be desired, the student's status will be the same as that of any other student who desires to add a class. It is the student's responsibility to drop or officially withdraw from the class. See [General Catalog](#) for details.
- Regular attendance in all classes is expected of all students. A student whose continuous, unexcused absences exceed the number of hours the class is scheduled to meet per week may be dropped. For online courses, students who fail to complete required activities for two consecutive weeks may be considered to have excessive absences and may be dropped.
- It is the responsibility of each student to attend all classroom and clinical hours and to contact the instructor(s) before the start of class of any need to be excused from class. If a student does not contact the faculty member by the assigned time and is absent, a clinical unsatisfactory for professional behaviors will be given. Students are expected to attend all classes. **Absences are limited 11.5 hours in the course.** A student who reaches the maximum allowable hours of absenteeism or tardiness may be dropped by the instructor.
- Acceptance of absenteeism excuses is at the discretion of the faculty member and may result in failure of the class. A student who reaches the maximum allowable number of hours absent and is not allowed to
- Continue may file a petition to reenter the nursing program. The teaching team will meet with the student to discuss remediation and the possibility of reentry.
- Students who are late for class/clinical three times will be considered absent for one day.

Classroom Etiquette

- Electronic Devices: Cell phones and electronic devices must be turned off and put away during class, unless otherwise directed by the instructor.
- Food and Drink are prohibited in all classrooms. Water bottles with lids/caps are the only exception. Additional restrictions will apply in labs. Please comply as directed by the instructor.

- Disruptive Students: Students who disrupt or interfere with a class may be sent out of the room and told to meet with the Campus Disciplinary Officer before returning to continue with coursework. Disciplinary procedures will be followed as outlined in the [General Catalog](#).
- Children in the classroom: Due to college rules and state laws, no one who is not enrolled in the class may attend, including children.

Online Netiquette

- What is netiquette? Netiquette is internet manners, online etiquette, and digital etiquette all rolled into one word. Basically, netiquette is a set of rules for behaving properly online.
- Students are to comply with the following rules of netiquette: (1) identify yourself, (2) include a subject line, (3) avoid sarcasm, (4) respect others' opinions and privacy, (5) acknowledge and return messages promptly, (6) copy with caution, (7) do not spam or junk mail, (8) be concise, (9) use appropriate language, (10) use appropriate emoticons (emotional icons) to help convey meaning, and (11) use appropriate intensifiers to help convey meaning [do not use ALL CAPS or multiple exclamation marks (!!!!)].

Academic Honesty

Academic honesty in the advancement of knowledge requires that all students and instructors respect the integrity of one another's work and recognize the important of acknowledging and safeguarding intellectual property.

There are many different forms of academic dishonesty. The following kinds of honesty violations and their definitions are not meant to be exhaustive. Rather, they are intended to serve as examples of unacceptable academic conduct.

- Plagiarism is taking and presenting as one's own the writings or ideas of others, without citing the source. You should understand the concept of plagiarism and keep it in mind when taking exams and preparing written materials. If you do not understand how to "cite a source" correctly, you must ask for help.
- Cheating is defined as fraud, deceit, or dishonesty in an academic assignment, or using or attempting to use materials, or assisting others in using materials that are prohibited or inappropriate in the context of the academic assignment in question.

Anyone caught cheating or plagiarizing will receive a zero (0) on the exam or assignment, and the instructor may report the incident to the Campus Disciplinary Officer, who may place related documentation in a file. Repeated acts of cheating may result in an F in the course and/or disciplinary action. Please refer to the [General Catalog](#) for more information on academic dishonesty or other misconduct. Acts of cheating include, but are not limited to, the following: (a) plagiarism; (b) copying or attempting to copy from others during an examination or on an assignment; (c) communicating test information with another person during an examination; (d) allowing others to do an assignment or portion of an assignment; (e) using a commercial term paper service.

Additional Student Services

Imperial Valley College offers various services in support of student success. The following are some of the services available for students. Please speak to your instructor about additional services which may be available.

- [Blackboard Support Site](#). The Blackboard Support Site provides a variety of support channels available to students 24 hours per day.
- [Learning Services](#). There are several learning labs on campus to assist students through the use of computers and tutors. Please consult your [Campus Map](#) for the [Math Lab](#); [Reading, Writing & Language Labs](#); and the [Study Skills Center](#).
- [Library Services](#). There is more to our library than just books. You have access to tutors in the [Study Skills Center](#), study rooms for small groups, and online access to a wealth of resources.

Disabled Student Programs and Services (DSPS)

Any student with a **documented** disability who may need educational accommodations should notify the instructor or the [Disabled Student Programs and Services](#) (DSP&S) office as soon as possible. The DSP&S office is located in Building 2100, telephone 760-355-6313. Please contact them if you feel you need to be evaluated for educational accommodations.

Student Counseling and Health Services

Students have counseling and health services available, provided by the pre-paid Student Health Fee.

- [Student Health Center](#). A Student Health Nurse is available on campus. In addition, Pioneers Memorial Healthcare District provide basic health services for students, such as first aid and care for minor illnesses. Contact the IVC [Student Health Center](#) at 760-355-6128 in Room 1536 for more information.
- [Mental Health Counseling Services](#). Short-term individual, couples, family, and group therapy are provided to currently enrolled students. Contact the IVC [Mental Health Counseling Services](#) at 760-355-6196 in Room 2109 for more information.

Student Rights and Responsibilities

Students have the right to experience a positive learning environment and to due process of law. For more information regarding student rights and responsibilities, please refer to the IVC [General Catalog](#).

Information Literacy

Imperial Valley College is dedicated to helping students skillfully discover, evaluate, and use information from all sources. The IVC [Library Department](#) provides numerous [Information Literacy Tutorials](#) to assist students in this endeavor.

Anticipated Class Schedule/Calendar

Imperial Valley College
Nursing and Allied Health
VN 122 Class Schedule

| Date | Day | Time | Description | Instructor | Assignment | Room |
|-------------------|-------|-----------|---|------------------|---|-------|
| WEEK 1 4/10-14 | MON | 0645-1530 | VN 122 ORIENTATION Skill: Head to Toe Assessment, Assisting MD w/ Exam | ORTIZ WEBSTER | Kozier Chp 30 Lynn Chp 2 ATI | 2135 |
| | TUES | 0645-1530 | Skill Lecture: Respiratory Assess., Suctioning, Trach. Care Skill Lecture: CHEST TUBES | ORTIZ WEBSTER | Kozier: Ch. 29 pp 496-499 Ch. 50 pp 1241-1256; &1267-1279 Brunner Chp 21 pp 506-509 Lynn: pp 723-771 Review: Kozier: Ch.50 Lynn: Ch.14,pp 764-773 Brunner 484-491; pp 524-536 ATI Chp 15 pp. 161-166; Chp. 22 | LAB 1 |
| | WED | 0800-1240 | Theory: Module A: Pre/Post Surgical Care | ORTIZ WEBSTER | Brunner 17,18,19 Kozier: Ch.18 ATI PN Adult M/S Chp 83,84 | 2135 |
| | THURS | 0800-1240 | Theory: Mod B: Pediatric & Adult Surgical Care Guest Speaker: PMHD OR Nurse | ORTIZ WEBSTER | Brunner: 17,18,19 Kozier: Ch.37 Ricci: Ch.33, Chp.30 Lynn: pp 294& 303 | 2135 |
| WEEK 2 4/24-27 | MON | 0645-1530 | CLINICAL | MORA ORTIZ | | PMH |
| | TUES | 0645-1530 | CLINICAL Skill Demo: IV management | MORA ORTIZ | Lynn pp 798-801; 826-827 | PMH |
| | WED | 0800-1240 | Exam#1 Module A Theory: Mod C: Problems of Upper Airway | MORA | Kozier: pp 558-559 ; & 1246-1257 Brunner Chp. 20, 21, 22 Lynn: pp 69-75, Ch. 14, pp 700-723 ATI Chp 15, 16, | 2135 |
| | THURS | 0800-1240 | Theory: Module. D Problems of the Lower Airway Skills Demonstration: Chest Tubes 9 | MORA | Brunner: Ch. 23,24 ATI Chp 17 pp191-200; ATI Chp. 18,19,20,21 23 Review: Kozier: Ch.50 Lynn: Ch.14,pp 764-773 Brunner pp484-491;524-536 ATI Chp 22, Chp 15 161-166 | 2135 |
| Date | Day | Time | Description | Instructor | Assignment | Room |

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*****Tentative, subject to change without prior notice*****