

Basic Course Information

Semester:	Spring 2017	Instructor Name:	Yvonne Salgado
Course Title & #:	Health, Safety and Nutrition CDEV 101	Email:	Yvonne.salgado@imperial.edu
CRN #:	20657	Webpage (optional):	
Classroom:	202	Office #:	
Class Dates:	2/13/17 to 6/9/17	Office Hours:	Please contact me as needed available before/after class
Class Days:	Monday	Office Phone #:	
Class Times:	6:00PM to 9:10PM	Emergency Contact:	760-235-8431 cell phone
Units:	3 Units		

Course Description

Introduction of the laws, regulations, standards, policies and procedures and early childhood curriculum related to child health, safety and nutrition. The key components that ensure physical health, mental health and safety for both children and staff will be identified along with the importance of collaboration with families and health professionals. Focus on integrating the concepts into every day planning and program development for all children. (C-ID ECE 220) (CSU)

Student Learning Outcomes

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to: Assess strategies to maximize the mental and physical health of children and adults in programs for all young children in accordance with culturally, linguistic and developmentally sound practice. (ILO2, ILO3, ILO5) Identify health, safety, and environmental risks in children’s programs. (ILO2, ILO3, ILO5) Analyze the nutritional needs of children at various ages and evaluate the relationship between healthy development and nutrition. (ILO2, ILO4) Evaluate regulations, standards, policies and procedures related to health, safety, and nutrition in support of young children, teachers and families. (ILO2, ILO4, ILO5) Distinguish aspects of quality in programs for young children as related to health and safety, acknowledging the value of collaboration with families and the community. (ILO2, ILO4)

Course Objectives

Upon satisfactory completion of the course, students will be able to: 1. Demonstrate effective strategies for evaluating health and safety policies and procedures. 2. Compare and contrast various methods of collaboration with teachers and families to promote health and safety in settings for children ages 0-5. 3. Compare and contrast various health assessment tools and policies. 4. Identify environmental health

and safety risks for children ages 0-5. 5. Identify symptoms of common communicable diseases and other health conditions that effect children young children. 6. Identify and discuss common health and safety issues in early childhood settings. 7. Identify characteristics of abuse and neglect and demonstrate knowledge of mandated child abuse reporting procedures. 8. Differentiate the nutritional needs of various ages of children and plan economical and nutritional meals and snacks based on the individual needs of children. 9. Write appropriate early childhood curriculum on the topics of health, safety, and nutrition appropriate for families and all children. 10. Recognize a caregiver’s role and responsibility to model good health, safety and nutrition habits 11. Research current health issues related to children and families. 12. Review laws and regulations (e.g., Title 22, Title 5, Fire Code) supporting health, safety, and nutrition in children’s programs.

Textbooks & Other Resources or Links

Lynn R. Marotz (2015). Health, Safety, and Nutrition for the Young Child, 9th Ed., New York, Wadsworth Publishing. ISBN-13: 978-1-285-42733-1 or ISBN-10: 1-285-42733-5

Course Requirements and Instructional Methods

Grades will be based upon class participation, attendance and completion of assignments, pop quizzes, quizzes, and tests throughout the semester. All material presented in the text, study guide, videos, and handouts will be part of the evaluation process.

Out of Class Assignments: The Department of Education policy states that one (1) credit hour is the amount of student work that reasonably approximates not less than one hour of class time and two (2) hours of out-of-class time per week over the span of a semester. WASC has adopted a similar requirement.

Course Grading Based on Course Objectives	
Course Assignments and Points:	
In class activities/ participation 15 @ 2 points	30 Points
Communicable Disease Info (PLO7 & 8)	25 Points
Title 22 paper (PLO, 7)	25 Points
Menu Planning (PLO 8)	50 Points
Lesson Plan Assignment (PLO8)	30 Points
3 tests @30 points each	90 Points
Mid-term/Final 2@50 points each	100 Points
Total	350

Grade Breakdown:

A=100%-90% (350-315)
B=89%-80% (314-280)
C=79%-70% (279-245)
D=69%-60% (244-210)
F= 59% and below 209 and below
Attendance

- A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of that class. Should readmission be desired, the student’s status will be the same as that of any other student who desires to add a class. It is the student’s responsibility to drop or officially withdraw from the class. See [General Catalog](#) for details.
- Regular attendance in all classes is expected of all students. A student whose continuous, unexcused absences exceed the number of hours the class is scheduled to meet per week may be dropped. For online courses, students who fail to complete required activities for two consecutive weeks may be considered to have excessive absences and may be dropped.
- Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as ‘excused’ absences.

Classroom Etiquette

- Electronic Devices: Cell phones and electronic devices must be turned off and put away during class, unless otherwise directed by the instructor.
- Food and Drink are prohibited in all classrooms. Water bottles with lids/caps are the only exception. Additional restrictions will apply in labs. Please comply as directed by the instructor.
- Disruptive Students: Students who disrupt or interfere with a class may be sent out of the room and told to meet with the Campus Disciplinary Officer before returning to continue with coursework. Disciplinary procedures will be followed as outlined in the [General Catalog](#).
- Children in the classroom: Due to college rules and state laws, no one who is not enrolled in the class may attend, including children.

Online Netiquette

- What is netiquette? Netiquette is internet manners, online etiquette, and digital etiquette all rolled into one word. Basically, netiquette is a set of rules for behaving properly online.
- Students are to comply with the following rules of netiquette: (1) identify yourself, (2) include a subject line, (3) avoid sarcasm, (4) respect others’ opinions and privacy, (5) acknowledge and return messages promptly, (6) copy with caution, (7) do not spam or junk mail, (8) be concise, (9) use appropriate language, (10) use appropriate emoticons (emotional icons) to help convey meaning, and

(11) use appropriate intensifiers to help convey meaning [do not use ALL CAPS or multiple exclamation marks (!!!!)].

Academic Honesty

[Required language.]

Academic honesty in the advancement of knowledge requires that all students and instructors respect the integrity of one another's work and recognize the important of acknowledging and safeguarding intellectual property.

There are many different forms of academic dishonesty. The following kinds of honesty violations and their definitions are not meant to be exhaustive. Rather, they are intended to serve as examples of unacceptable academic conduct.

- **Plagiarism** is taking and presenting as one's own the writings or ideas of others, without citing the source. You should understand the concept of plagiarism and keep it in mind when taking exams and preparing written materials. If you do not understand how to "cite a source" correctly, you must ask for help.
- **Cheating** is defined as fraud, deceit, or dishonesty in an academic assignment, or using or attempting to use materials, or assisting others in using materials that are prohibited or inappropriate in the context of the academic assignment in question.

Anyone caught cheating or plagiarizing will receive a zero (0) on the exam or assignment, and the instructor may report the incident to the Campus Disciplinary Officer, who may place related documentation in a file. Repeated acts of cheating may result in an F in the course and/or disciplinary action. Please refer to the [General Catalog](#) for more information on academic dishonesty or other misconduct. Acts of cheating include, but are not limited to, the following: (a) plagiarism; (b) copying or attempting to copy from others during an examination or on an assignment; (c) communicating test information with another person during an examination; (d) allowing others to do an assignment or portion of an assignment; (e) using a commercial term paper service.

Additional Student Services

Imperial Valley College offers various services in support of student success. The following are some of the services available for students. Please speak to your instructor about additional services which may be available.

- **[Blackboard Support Site](#)**. The Blackboard Support Site provides a variety of support channels available to students 24 hours per day.
- **[Learning Services](#)**. There are several learning labs on campus to assist students through the use of computers and tutors. Please consult your [Campus Map](#) for the [Math Lab](#); [Reading, Writing & Language Labs](#); and the [Study Skills Center](#).
- **[Library Services](#)**. There is more to our library than just books. You have access to tutors in the [Study Skills Center](#), study rooms for small groups, and online access to a wealth of resources.

Disabled Student Programs and Services (DSPS)

Any student with a documented disability who may need educational accommodations should notify the instructor or the [Disabled Student Programs and Services](#) (DSP&S) office as soon as possible. The DSP&S office is located in Building 2100, telephone 760-355-6313. Please contact them if you feel you need to be evaluated for educational accommodations.

Student Counseling and Health Services

Students have counseling and health services available, provided by the pre-paid Student Health Fee.

- [Student Health Center](#). A Student Health Nurse is available on campus. In addition, Pioneers Memorial Healthcare District provide basic health services for students, such as first aid and care for minor illnesses. Contact the IVC [Student Health Center](#) at 760-355-6128 in Room 1536 for more information.
- [Mental Health Counseling Services](#). Short-term individual, couples, family, and group therapy are provided to currently enrolled students. Contact the IVC [Mental Health Counseling Services](#) at 760-355-6196 in Room 2109 for more information.

Student Rights and Responsibilities

Students have the right to experience a positive learning environment and to due process of law. For more information regarding student rights and responsibilities, please refer to the IVC [General Catalog](#).

Information Literacy

Imperial Valley College is dedicated to helping students skillfully discover, evaluate, and use information from all sources. The IVC [Library Department](#) provides numerous [Information Literacy Tutorials](#) to assist students in this endeavor.

Anticipated Class Schedule/Calendar

Date or Week	Activity, Assignment, and/or Topic	Pages/ Due Dates/Tests
Week 1 February 13	Syllabus & Introduction Chap. 1 – Children’s Well Being	Pages 2-37 Case Study pg 35
Week 2 February 20	NO CLASS	

Date or Week	Activity, Assignment, and/or Topic	Pages/ Due Dates/Tests
Week 3 February 27	Chap. 2- Daily Health Observations Chap. 3 – Assessing Children’s Health	Pages 39-81 Review for test Sign-up for Infectious Disease
Week 4 March 6	Chap. 4 – Caring for Children with Special Medical Conditions	Pages 83-111 TEST Chapters 1-3
Week 5 March 13	Chap. 5 –The Infectious Process and Environmental Control	Pages 113-134 Infectious Disease Assignment/Presentation
Week 6 March 20	Chap. 6 – Childhood Illnesses: Identification and Management	Pages 135-165 Infectious Disease Assignment/Presentation Review for test
Week 7 March 27	Chap. 7 –Creating High Quality Environments	Pages 169-202 TEST Chapters 4-6 Infectious Disease/Presentation
Week 8 April 3	Chap. 8 – Safety Management	Pages 203-234 Infectious Disease/Presentation
Week 9 April 10	Chap. 9- Management of Injuries /Acute Illness	Pages 235-266 Title 22 Paper Due Infectious Disease/Presentation
Week 10 April 17	NO CLASS	
Week 11 April 24	Chap. 10 – Maltreatment of Children: Abuse & Neglect Chap. 11 – Planning for Children’s Health & Safety Education	Pages 267-318 Lesson Plan Assignment Due Review for test
Week 12 May 1	Chap. 12 & 13 – Nutritional Guidelines & Nutrients that Provide Energy	Pages 321-355 TEST Chapters 7-11
Week 13 May 8	Chap. 14 – Nutrients that Promote Growth and Regulate Body Functions	Pages 357-378 Review for test
Week 14 May 15	Chap 15 & 16 Feeding Infants/ Feeding Toddlers and Young Children	Pages 381-425 TEST Chapters 12-14 Explain Menu Plan
Week 15 May 22	Chap 17 &18 Planning & Serving Nutritious & Economical Meals/Food Safety	Pages 427-483

Date or Week	Activity, Assignment, and/or Topic	Pages/ Due Dates/Tests
Week 16 May 29	Chap 19 Nutrition Education: Rationale, Concepts, and Lessons	Pages 485-505 Menu Plan Due Review Final
Week 17 June 5	FINALS WEEK	TEST Chapters 15-19

*****Tentative, subject to change without prior notice*****