#### **Basic Course Information**

| Semester         | Fall 2016                             | Instructor Name    | Mike Palacio Jr.           |
|------------------|---------------------------------------|--------------------|----------------------------|
| Course Title & # | Out Season Intercollegiate Tennis (W) | Email              | mikey.palacio@imperial.edu |
| CRN#             | 10889                                 | Webpage (optional) |                            |
| Room             | Tennis Courts                         | Office             | 754                        |
| Class Dates      | Aug 15 – Dec 9                        | Office Hours       | n/a for part-time faculty  |
| Class Days       | Monday-Friday                         | Office Phone #     | (760) 355-6570             |
| Class Times      | 5:45am – 7:50am                       | Contact if student | Office phone or email      |
| Units            | 3 unit                                | will be out or     |                            |
|                  |                                       | emergency          |                            |

### **Course Description**

**Prerequisite:** Eligibility will be determined by CCCAA rules.

This class is designed for off-season conditioning/skill development of intercollegiate tennis. Maximum credit eight units. (CSU)

# **Student Learning Outcomes**

Upon completion, the successful student will have acquired new skills, knowledge, and/or attitudes as demonstrated by being able to:

- 1. Perform with an increasing degree of proficiency the skills, footwork, and strategies of singles and doubles competition. (ILO1, ILO2, ILO3, ILO4)
- 2. Increase and improve their physical conditioning for competitive tennis. (ILO1, ILO2, ILO3)

#### **Course Objectives**

- 1. To develop sufficient levels of strength to be competitive for intercollegiate athletic competition.
- 2. To develop aerobic and anaerobic fitness levels to compete in intercollegiate athletic competition.
- 3. To develop flexibility to prevent athletic injuries and to enhance athletic performance.

# **Course Requirements and Instructional Methods**

- Students are required to attend and participate in each class meeting.
- Students must dress appropriately during class meetings (shorts, sweatpants, tennis skirt or dress).
- Appropriate shoes are required to participate (non-marring).
- Street clothing and jewelry are not appropriate.
- If students are not dressed appropriately you will be marked absent for the day.

# **Course Grading Based on Course Objectives**

Students will be evaluated on class attendance and participation. Each absence will affect your participation grade. Missed hours must be made up by the end of the semester.

Grading: 90% of hours A

80% of hours B 70% of hours C 60% of hours D

#### Attendance

- A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of that class. Should readmission be desired, the student's status will be the same as that of any other student who desires to add a class. It is the student's responsibility to drop or officially withdraw from the class. See General Catalog for details.
- Regular attendance in all classes is expected of all students. A student whose continuous, unexcused
  absences exceed the number of hours the class is scheduled to meet per week may be dropped. For online
  courses, students who fail to complete required activities for two consecutive weeks may be considered to
  have excessive absences and may be dropped.
- Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as 'excused' absences.

#### **Classroom Etiquette**

- <u>Electronic Devices:</u> Cell phones and electronic devices must be turned off and put away during class unless otherwise directed by the instructor.
- <u>Food and Drink</u> are prohibited in all classrooms. Water bottles or other drinks with screw on caps are the only exception. Please comply as directed.
- <u>Disruptive Students:</u> Students who disrupt or interfere with a class may be sent out of the room and told to meet with the Campus Disciplinary Officer before returning to continue with coursework. Disciplinary procedures will be followed as outlined in the General Catalog.
- <u>Children in the classroom:</u> Due to college rules and state laws, no one who is not enrolled in the class may attend, including children.

# **Academic Honesty**

<u>Cheating</u> is defined as fraud, deceit, or dishonesty in an academic assignment or using or attempting to use materials, or assisting others in using materials, or assisting others in using materials, which are prohibited or inappropriate in the context of the academic assignment/test in question.

Anyone caught cheating or will receive a zero (0) on the exam or assignment, and the instructor may report the incident to the Campus Disciplinary Officer, who may place related documentation in a file. Repeated acts of cheating may result in an F in the course and/or disciplinary action. Please refer to the General School Catalog for more information on academic dishonesty or other misconduct. Acts of cheating include, but are not limited

to the following: (a) plagiarism; (b) copying or attempting to copy from others during an examination or on an assignment; (c) communicating test information with another person during an examination; (d) allowing others to do an assignment or portion of an assignment, (e) use of a commercial term paper service

### **Disabled Student Programs and Services (DSPS)**

Any student with a documented disability who may need educational accommodations should notify the instructor or the Disabled Student Programs and Services (DSP&S) office as soon as possible. The DSP&S office is located in Building 2100, telephone 760-355-6313 if you feel you need to be evaluated for educational accommodations.

### **Student Counseling and Health Services**

Students have counseling and health services available, provided by the pre-paid Student Health Fee. We now also have a fulltime mental health counselor. For information see <a href="http://www.imperial.edu/students/stu

### **Student Rights and Responsibilities**

Students have the right to experience a positive learning environment and due process. For further information regarding student rights and responsibilities please refer to the IVC General Catalog available online at <a href="http://www.imperial.edu/index.php?option=com\_docman&task=doc\_download&gid=4516&Itemid=762">http://www.imperial.edu/index.php?option=com\_docman&task=doc\_download&gid=4516&Itemid=762</a>

# **Information Literacy**

Imperial Valley College is dedicated to help students skillfully discover, evaluate, and use information from all sources. Students can access tutorials at <a href="http://www.imperial.edu/courses-and-programs/divisions/arts-and-letters/library-department/info-lit-tutorials/">http://www.imperial.edu/courses-and-programs/divisions/arts-and-letters/library-department/info-lit-tutorials/</a>

#### **Anticipated Class Schedule / Calendar**

| Date or Week     | Activity, Assignment, and/or Topic                |
|------------------|---|
| Week 1           | Syllabus & Introduction                           |
| Aug. 15 – 19     |   |
| Week 2-16        | Drills, match play, and various forms of physical |
| Aug. 22 – Dec. 9 | conditioning                                      |