#### **Basic Course Information**

Semester:	Spring 2015	Instructor Name:	Webster, R. /Luoma,C.
Course Title &			
#:	VN 110	Email:	roberta.webster@imperial.edu
		Webpage	
CRN #:	20617	(optional):	
Classroom:	2135	Office #:	2134
	Feb. 17,2015- April		
Class Dates:	16,2015	Office Hours:	MTWR 0700-0800
Class Days:	MTWR	Office Phone #:	760-355-6549
	MT0645-1530 WR 0800-	Emergency	
Class Times:	1030, 1035-1240	Contact:	D. Webster
Units:	5.00		

#### **Course Description**

Theory and skills basic to the provision of safe evidence-based nursing care are introduced in the classroom and the skills laboratory. Components of the nursing process are studied. Parameters of health based on evidence based practice are defined and the physical and psychological needs of the normal individual explored.

#### **Student Learning Outcomes**

Demonstrate correctly and safely all principles of medication administration including documentation in simulated client care situations.

Demonstrate respect and sensitivity for professional role through appropriate behavior, being prompt for clinical experience, meetings, learning activities, class, and assignment deadlines. Demonstrate knowledge appropriate to practice setting and level of learning in a paper or clinical assignment for VN 110.

By conclusion of VN 110 student will successfully identify subjective and objective data as it relates to nursing diagnosis.

Student will successfully demonstrate correct body mechanics to insure safety of self and clients in simulated client care situations.

### **Course Objectives**

Explain the philosophy, objectives and logistics of the Imperial Valley Nursing Program.

Differentiate between the roles of the health aide, vocational nurse and the registered nurse.

Apply principles of medical asepsis to simulated and actual client care situations.

Use the nursing process to plan evidence based care for simulated client situation

Relate implications of the health-illness continuum to nursing

Apply principles of basic hygiene to client care.

Identify selected client reactions related to hospitalization.

Utilize correct body mechanics to insure safety of self and clients.

Apply principles of Standard Precautions to simulated and actual client care situations.

Explain principles underlying concepts of activity and rest.

Identify basic nutritional needs throughout the lifespan.

Relate nursing interventions to the ethnic/cultural environment of the community.

Use the communication process in simulated (not IV's) and glucometer testing to simulated and actual client care situations.

Identify legal/ethical constraints and institutional policies in reporting and recording client information.

Relate the principles of a safe and therapeutic environment to simulated and actual client situations.

#### **Textbooks & Other Resources or Links**

Berman, A. & Snyder, S (2012) Kozier & Erb's Fundamentals of Nursing

Doenges, et al, Nursing Care Plans, F. A. Davis

Lynn, Taylor's Clinical Nursing Skills, Lippincott Williams & Wilkins.

Taber's Cyclopedic Medical Dictionary, F. A. Davis

Doenges, et al, Nurse's Pocket Guide, Diagnoses, Prioritized Intervention& Rationales, F.A. Davis

ATI Texts- Fundamentals of Nursing

Roth R., Townsend C., Nutrition & Diet Therapy, Delmar Thompson Learning

### **Course Requirements and Instructional Methods**

VN 110 Introduction to Pt. Care is as five (5) unit course. It is divided into a theory and skills component. During this eight (8) week course clinical experiences will be simulated in the I.V.C. nursing skills laboratory. Classroom didactics will be based on lecture/discussion, the use of power point presentation and the utilization of the flipped classroom concept.

### **Course Grading Based on Course Objectives**

All exams will be graded per VN program policy. Each exam is valued at 100%, the final must be passed with a minimum of 75%. Examination policy: All exams including the final must be passed with a minimum of 75%.

Clinical and skills Laboratory Performance Grading: Clinical and skills laboratory performance will be determined on a satisfactory or unsatisfactory basis. A formal clinical evaluation will be conducted by the clinical instructor.

#### **Attendance**

- A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of that class. Should readmission be desired, the student's status will be the same as that of any other student who desires to add a class. It is the student's responsibility to drop or officially withdraw from the class. See General Catalog for details.
- Regular attendance in all classes is expected of all students. A student whose continuous, unexcused
  absences exceed the number of hours the class is scheduled to meet per week may be dropped. For
  online courses, students who fail to complete required activities for two consecutive weeks may be
  considered to have excessive absences and may be dropped.
- Vocational nursing students in the IVC Associate Degree Nursing Program are expected to attend all classes and clinical practice assignments. Absences will be limited to the following for VN 110: 11.5 hours.

### **Classroom Etiquette**

- <u>Electronic Devices</u>: Cell phones and electronic devices must be turned off and put away during class, unless otherwise directed by the instructor.
- <u>Food and Drink</u> are prohibited in all classrooms. Water bottles with lids/caps are the only exception. Additional restrictions will apply in labs. Please comply as directed by the instructor.
- <u>Disruptive Students</u>: Students who disrupt or interfere with a class may be sent out of the room and told to meet with the Campus Disciplinary Officer before returning to continue with coursework. Disciplinary procedures will be followed as outlined in the <u>General Catalog</u>.
- <u>Children in the classroom:</u> Due to college rules and state laws, no one who is not enrolled in the class may attend, including children.

## **Online Netiquette**

- What is netiquette? Netiquette is internet manners, online etiquette, and digital etiquette all rolled into one word. Basically, netiquette is a set of rules for behaving properly online.
- Students are to comply with the following rules of netiquette: (1) identify yourself, (2) include a subject line, (3) avoid sarcasm, (4) respect others' opinions and privacy, (5) acknowledge and return messages promptly, (6) copy with caution, (7) do not spam or junk mail, (8) be concise, (9) use appropriate language, (10) use appropriate emoticons (emotional icons) to help convey meaning, and (11) use appropriate intensifiers to help convey meaning [do not use ALL CAPS or multiple exclamation marks (!!!!)].

## **Academic Honesty**

Academic honesty in the advancement of knowledge requires that all students and instructors respect the integrity of one another's work and recognize the important of acknowledging and safeguarding intellectual property.

There are many different forms of academic dishonesty. The following kinds of honesty violations and their definitions are not meant to be exhaustive. Rather, they are intended to serve as examples of unacceptable academic conduct.

- <u>Plagiarism</u> is taking and presenting as one's own the writings or ideas of others, without citing the source. You should understand the concept of plagiarism and keep it in mind when taking exams and preparing written materials. If you do not understand how to "cite a source" correctly, you must ask for help.
- <u>Cheating</u> is defined as fraud, deceit, or dishonesty in an academic assignment, or using or attempting to use materials, or assisting others in using materials that are prohibited or inappropriate in the context of the academic assignment in question.

Anyone caught cheating or plagiarizing will receive a zero (0) on the exam or assignment, and the instructor may report the incident to the Campus Disciplinary Officer, who may place related documentation in a file. Repeated acts of cheating may result in an F in the course and/or disciplinary action. Please refer to the <u>General Catalog</u> for more information on academic dishonesty or other misconduct. Acts of cheating include, but are not limited to, the following: (a) plagiarism; (b) copying or attempting to copy from others during an examination or on an assignment; (c) communicating test information with another person during an examination; (d) allowing others to do an assignment or portion of an assignment; (e) using a commercial term paper service.

#### **Additional Student Services**

Imperial Valley College offers various services in support of student success. The following are some of the services available for students. Please speak to your instructor about additional services which may be available.

- <u>Blackboard Support Site</u>. The Blackboard Support Site provides a variety of support channels available to students 24 hours per day.
- <u>Learning Services</u>. There are several learning labs on campus to assist students through the use of computers and tutors. Please consult your <u>Campus Map</u> for the <u>Math Lab</u>; <u>Reading, Writing & Language Labs</u>; and the <u>Study Skills Center</u>.
- <u>Library Services</u>. There is more to our library than just books. You have access to tutors in the <u>Study Skills Center</u>, study rooms for small groups, and online access to a wealth of resources.

## **Disabled Student Programs and Services (DSPS)**

Any student with a documented disability who may need educational accommodations should notify the instructor or the <u>Disabled Student Programs and Services</u> (DSP&S) office as soon as possible. The DSP&S office is located in Building 2100, telephone 760-355-6313. Please contact them if you feel you need to be evaluated for educational accommodations.

# **Student Counseling and Health Services**

Students have counseling and health services available, provided by the pre-paid Student Health Fee.

• Student Health Center. A Student Health Nurse is available on campus. In addition, Pioneers Memorial Healthcare District and El Centro Regional Center provide basic health services for students, such as first aid and care for minor illnesses. Contact the IVC Student Health Center at 760-355-6310 in Room 2109 for more information.

• Mental Health Counseling Services. Short-term individual, couples, family, and group therapy are provided to currently enrolled students. Contact the IVC Mental Health Counseling Services at 760-355-6196 in Room 2109 for more information.

### **Student Rights and Responsibilities**

Students have the right to experience a positive learning environment and to due process of law. For more information regarding student rights and responsibilities, please refer to the IVC General Catalog.

### **Information Literacy**

Imperial Valley College is dedicated to helping students skillfully discover, evaluate, and use information from all sources. The IVC <u>Library Department</u> provides numerous <u>Information Literacy Tutorials</u> to assist students in this endeavor.

### **Anticipated Class Schedule/Calendar**

[Required Information – Discretionary Language and Formatting: The instructor will provide a tentative, provisional overview of the readings, assignments, tests, and/or other activities for the duration of the course. A table format may be useful for this purpose.]

Date or Week	Activity, Assignment, and/or Topic	Pages/ Due Dates/Tests
Week 1	Introduction & Orientation	The Student Handbook
Feb. 17-19	Medical Asepsis & Vital Signs	Kozier: Ch. 29,31
	Skin Integrity	Lynn: Ch. 1 pp. 6-38, Ch. 4-7
	Overview of the Health-Illness Continuum	Skill 4.1, 4.2, 4.6, & 4.7
		Kozier: Ch. 33, Ch. 48,pp.
		1289-1301, Ch. 49,
		pp.1336-1338
		Lynn: Ch. 7, Ch. 12,pp. 631-
		648
		Kozier, Ch. 1, Ch.3, Ch 5., pp.
		80-90, Ch. 6, Ch. 16-19
		Tabers: pp. 2582-2609
Week 2	Nursing Process	Kozier: Ch. 10-15
Feb. 23-26	Application of Hot & Cold	Doenges- As assigned
	Body Mechanics	Lynn: pp. 438-440, 453-458
	Bandages & Binders	Kozier: Ch. 333666,,, pp.
	Specimen Collection	931-935
	Standard Precautions	Kozier: Ch. 32, pp. 731-737,
	Activity & Exercise	Ch. 44, pp. 1108-1111.
	0 : 44	1127-1161
	Quiz # 1	Ch. 36, pp. 928-930
		Ch. 37, pp. 951-953
		Ch. 34, pp. 804-827
		Ch. 31
		Taber's pp. 2561-2574

Date or Week	Activity, Assignment, and/or Topic	Pages/ Due Dates/Tests
		Lynn: Ch. 3 & 9
		pp. 524-539
		Lynn: Ch. 4
Week 3	Non-injectable Meds	Kozier Ch. 35, 45 & 46
March 2-5	Injectable Meds	Lynn: Ch. 5, pp. 151-
	Simulations/ Skills Practice	197.,236-291 & Ch. 10
	Quiz #2	
Date or Week	Activity, Assignment, and/or Topic	Pages/ Due Dates/Tests
Week 4	Simulations/Skills Practice	Roth: Ch. 1-9, 10-14
March 9- 12	Basic Nutrition	Kozier: Ch. 47
	Introduction to Diet Therapy	
	Quiz #3	
Week 5	Skills Practice	Kozier Ch. 20-24, Ch. 5, ch.
March 16-19	Common Disruptions	26 pp. 472-474, Ch, 25
	The Helping Relationship	Growth & Development
	Quiz # 4	Assessment Form
Week 6	Clinical Simulations	Kozier Ch. 26
March 23-26	Communications	Ch. 15
	Charting	
	Quiz#5	
Date or Week	Activity, Assignment, and/or Topic	Pages/ Due Dates/Tests
Week 7	Clinical Skills Check offs	Check offs for injectable
March 30-April	Simulations/Skills Practice	meds
2	Quiz # 6	Review for Final
	Comprehensive Review	
Week 8	Skills Check offs	V/S, Bedbath, Bedmaking
April 13-16	Finals Week	Final Exam

<sup>\*\*\*</sup>Tentative, subject to change without prior notice\*\*\*