

### Basic Course Information

Semester	<b>Fall 2014</b>	Instructor Name	<b>Tina A. Williams</b>
Course Title & #	<b>Alcohol and Drug Studies-110 Physiological Effects of Alcohol and Drugs</b>	Email	<b>tina.williams@imperial.edu</b>
CRN #	<b>10656</b>	Webpage (optional)	
Room	<b>804</b>	Office	<b>Part-Timers: Room 809</b>
Class Dates	<b>08/18/14-12/13/14</b>	Office Hours	<b>n/a for part-time faculty</b>
Class Days	<b>Wednesday</b>	Office Phone #	<b>(760) 352-8320</b>
Class Times	<b>6:30-9:40 p.m.</b>	Office contact if student will be out or emergency	<b>(760) 562-5404</b>
Units	<b>3.00</b>		

### Course Description

The course is designed to provide the students with information on processing systems of the body and how the body reacts to alcohol and psychoactive drugs. This course will seek to explain where and how drugs act in a certain way and why. This course will bring about an understanding of how drugs influence consciousness, mood, and feeling. It will enable students to understand that both the internal and external environments and genetic have important effects on the well-being of the individual.

### Student Learning Outcomes

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

1. Identify Uppers, Downers, and All Arounders, and identify the physiological effect on the body and mind.
2. Identify cultural differences in alcohol and drugs use and treatment modalities appropriate to culture and environment.
3. Identify post-acute withdrawal symptoms for addicts as well as family members.

### Course Objectives

Upon satisfactory completion of the course, students will be able to:

Engage students to gain knowledge and awareness of the physiological effects of psychoactive drugs and alcohol on the human body and identify the physiological functioning of the central nervous system.

1. Students will describe the disease concept of alcoholism and explain the pharmacological effects of alcohol, the entire nervous system, and the entire organ system. (Cardiovascular, gastrointestinal, respiratory, reproductive, urogenital, skin, endocrine, and fluid balance systems).
2. Students will recognize the physiological effects of narcotics, analgesics, hypnotic drugs, tranquilizers, stimulants, and hallucinogenic drugs such as marijuana.

### Textbooks & Other Resources or Links

Required Text: Darryl S. Inaba, Pharm. D. William E. Cohen

“Upper, Downers, and All Arounders Physical and Mental Effects of Psychoactive Drugs, Seventh Edition  
ISBN-13: 978-0-8400-3429-8

### Course Requirements and Instructional Methods

This course will consist of a combination of lectures, class discussion, assigned readings, videos, individual projects and performance on quizzes and exams.

**Thought Paper Assignments:**

There will be three (3) thought papers due at various times during the semester. These are essays of 1-2 pages, which will be based on the readings and class material. **Late papers will not be accepted and I DO NOT accept thought papers by e-mail.** Thought papers should address the following: An interesting idea regarding the physiological effects of alcohol and drugs from the text, class discussion, an article from the internet or magazine, and /or a television program, from your point of view. Don't provide a review of the reading/program, but your own thoughts. The main focus of thought papers is for you to learn to think critically and to understand the physiological effects of alcohol and drugs. The intention of the assignment is to get some ideas down about the readings and then begin exploring ideas. You do not have to write what you think I would agree with or what is necessarily true, you just need to justify your ideas and statements with explanations.

**Quizzes:** Ten (10) quizzes will be given before each chapter lecture. No late quizzes will be accepted. Each quiz will be worth 10 points.

**Project Assignment:** Heredity, Environment & Psychoactive Drugs Personal Experience Project will chronicle the student's personal experience with a psychoactive substance or substances. This project should be a minimum of five typewritten pages, written in an APA style format. The project may exceed five pages. To enhance this project, photographs, drawings, poems, and other items may be included but note, that these articles are not required nor will they count towards the five typewritten pages. Such items should be used to enhance your project, if you have them.

**Group Assignment:** There will be one (1) group assignment given, worth 50 points. More information about this assignment will be given at a later date.

**Exams:** Four exams will be given. Exams will consist of multiple choice, and true and false. No make up exams will be given unless you have called me **PRIOR** to the exam and let me know that you will not be able to take the exam. If you contact me prior to the exam, you will have one week to make-up the exam. Each exam will be worth 50 points. Please bring a #2 pencil and a scantron to each examination.

**Class participation and Attendance:** At the beginning of each class, attendance will be taken (roll call). If a student must arrive late or leave early, the instructor should be notified so that the student is not penalized unfairly. It is the student's responsibility to let the instructor know when they are in class, particularly if they miss the roll call. Class participation will be measured by presence, active interest and involvement in discussions, exercises and presentations.

**Course Grading Based on Course Objectives**

**Grading System:**

90-100% = A	Exams	4@	50	200 pts.	470-500= A
80-89% = B	Quizzes	10@	10	100 pts.	440-469= B
70-79% = C	Projects	2@	50	100 pts.	410-439= C
60-69% = D	Assignments	3@	25	75 pts.	380-409= D
0-59% = F	Participation			25 pts.	0-379= F
				Total: 500 pts.	

**Attendance**

- A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of that class. Should readmission be desired, the student's status will be the same as that of any other student who desires to add

a class. It is the student's responsibility to drop or officially withdraw from the class. See General Catalog for details.

- Regular attendance in all classes is expected of all students. A student whose continuous, unexcused absences exceed the number of hours the class is scheduled to meet per week may be dropped. For online courses, students who fail to complete required activities for two consecutive weeks may be considered to have excessive absences and may be dropped.
- Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as 'excused' absences.

### Classroom Etiquette

- Electronic Devices: Cell phones and electronic devices must be turned off and put away during class, unless otherwise directed by the instructor. **The instructor reserves the right to limit the use of technology in the classroom in the event the technology becomes disruptive to the class learning environment.**
- Food and Drink are prohibited in all classrooms. Water bottles with lids/caps are the only exception. Additional restrictions will apply in labs. Please comply as directed.
- Disruptive Students: Students who disrupt or interfere with a class may be sent out of the room and told to meet with the Campus Disciplinary Officer before returning to continue with coursework. Disciplinary procedures will be followed as outlined in the General Catalog.
- Children in the classroom: Due to college rules and state laws, no one who is not enrolled in the class may attend, including children.

### Academic Honesty

- Plagiarism is to take and present as one's own the writings or ideas of others, without citing the source. You should understand the concept of plagiarism and keep it in mind when taking exams and preparing written materials. If you do not understand how to 'cite a source' correctly, you must ask for help.
- Cheating is defined as fraud, deceit, or dishonesty in an academic assignment, or using or attempting to use materials, or assisting others in using materials that are prohibited or inappropriate in the context of the academic assignment in question.

Anyone caught cheating or will receive a zero (0) on the exam or assignment, and the instructor may report the incident to the Campus Disciplinary Officer, who may place related documentation in a file. Repeated acts of cheating may result in an F in the course and/or disciplinary action. Please refer to the General School Catalog for more information on academic dishonesty or other misconduct. Acts of cheating include, but are not limited to, the following: (a) plagiarism; (b) copying or attempting to copy from others during an examination or on an assignment; (c) communicating test information with another person during an examination; (d) allowing others to do an assignment or portion of an assignment; (e) using a commercial term paper service.

### Additional Help – Discretionary Section and Language

- Blackboard support center: <http://bbcrm.edusupportcenter.com/ics/support/default.asp?deptID=8543>
- Learning Labs: There are several 'labs' on campus to assist you through the use of computers, tutors, or a combination. Please consult your college map for the Math Lab, Reading & Writing Lab, and Study Skills Center (library). Please speak to the instructor about labs unique to your specific program.
- Library Services: There is more to our library than just books. You have access to tutors in the Study Skills Center, study rooms for small groups, and online access to a wealth of resources.

### Disabled Student Programs and Services (DSPS)

Any student with a documented disability who may need educational accommodations should notify the instructor or the Disabled Student Programs and Services (DSP&S) office as soon as possible. The DSP&S

office is located in Building 2100, telephone 760-355-6313, if you feel you need to be evaluated for educational accommodations.

### Student Counseling and Health Services

Students have counseling and health services available, provided by the pre-paid StudentHealth Fee. We now also have a fulltime mental health counselor. For information see <http://www.imperial.edu/students/student-health-center/>. The IVC Student Health Center is located in the Health Science building in Room 2109, telephone 760-355-6310.

### Student Rights and Responsibilities

Students have the right to experience a positive learning environment and due process. For further information regarding student rights and responsibilities, please refer to the IVC General Catalog available online at [http://www.imperial.edu/index.php?option=com\\_docman&task=doc\\_download&gid=4516&Itemid=762](http://www.imperial.edu/index.php?option=com_docman&task=doc_download&gid=4516&Itemid=762)

### Information Literacy

Imperial Valley College is dedicated to helping students skillfully discover, evaluate, and use information from all sources. Students can access tutorials at <http://www.imperial.edu/courses-and-programs/divisions/arts-and-letters/library-department/info-lit-tutorials/>

### Anticipated Class Schedule / Calendar

Date or Week	Activity, Assignment, and/or Topic	Pages/ Due Dates/Tests
08/20/14 08/27/14	Introduction to Course, syllabus, Video (Roots of Addiction) Chapter 1: Psychoactive drugs: History & Classification Quiz	
09/03/14 09/10/14 09/17/14 09/24/14	Chapter 2: Heredity, Environment & Psychoactive drugs Quiz <b>Test 1: Chapter 1 &amp; 2</b> Chapter 3: Uppers Quiz Thought paper #1 Due <b>Heredity, Environment &amp; Psychoactive Drugs Personal Experience Project Assignment Introduced and Reviewed</b>	<b>Due: 12/03/14</b>
10/01/14 10/08/14	Chapter 4: Downers, Opiates/Opioids & Sedative-Hypnotics Quiz <b>Group work assignment/presentation Introduced and Reviewed</b> Class presentation on Upper and Downer	
10/15/14	Chapter 5: Alcohol Quiz Chapter 6: All Rounders Quiz Thought paper #2 Due	
10/22/14 10/29/14	<b>Test 2: Chapters 5 &amp; 6</b> Chapter 7: Other drugs, other addictions Quiz	
11/05/14	Chapter 8: Drug use & Pevention: From Cradle to Grave	

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	quiz	
11/12/14	<b>Test 3: Chapters 7 &amp; 8</b>	
11/19/14	Chapter 9: Treatments Quiz	
12/03/14	Thought paper #3 Due Chapter 10: Lecture Mental Health & Drugs Quiz	
12/10/14	<b>Personal Experience Project Assignment Due</b> <b>Final Exam: Chapters 9 &amp; 10</b>	

**This instructor reserves the right to make announced modifications to this course outline.**