

Ψ INTRODUCTION TO PSYCHOLOGY

Course Title: Introduction to Psychology
Course Number: Psychology 101
Semester Units: 3
Instructor: Krista L. Byrd
Office: Room 807 B
Office Hours: Monday – Thursday 10:30 a.m. – 11:30 a.m.;
Wednesday 3:30 p.m. – 4:30 p.m.
Phone: (760) 355-6335
E-mail: krista.byrd@imperial.edu
Required Text: Myers, David G. Exploring Psychology, 2014.
9th Edition, New York: Worth Publishers.

Course Description:

This course is designed to introduce you to the main concepts and theories of psychology. This course surveys psychology as both a science and an applied discipline. Topics to be covered include research methods, physiological, states of consciousness, developmental, gender, sensation & perception, learning, emotions, stress and health, personality, abnormal and social psychology.

Course Objectives:

The objectives of this course are: **1)** To critically think about and gain knowledge of the main theories and concepts of each sub-field of psychology; and **2)** To leave this course with a basic understanding of psychology, not only in the academic sense, but also an understanding of the everyday or practical nature of psychology.

Course Format:

This course will consist of a combination of lectures, class discussion, assigned readings, videos, group and individual projects and performance on quizzes and exams.

Course Requirements:

Attendance and Class Participation. You are expected to attend class and stay for the whole period. You will be expected to demonstrate an understanding of the assigned reading by actively participating in class discussions. If you miss a class, it is your responsibility to get class notes from a fellow student. If you are going to miss a class, please call me **before** class to let me know. You may be dropped from class if you are absent consecutively for the equivalent of one week of instruction, but **DO NOT** count on the instructor dropping you. If you want to drop the class, it is your responsibility. **Please check your I.V.C. e-mail and/or Blackboard before class in case the instructor will not be attending class that day.**

Thought Papers. There will be three (3) thought papers due at various times during the semester. These are essays of 1-2 pages, which will be based on the readings and class material. **Late papers will not be accepted. I DO NOT accept thought papers by e-mail.** Thought papers should address the following: **1)** A provocative or interesting idea regarding psychology from the text, class discussion, your life, an article from the internet or magazine, and/or a television program, from your point of view. Don't provide a review of the reading/program, but your own thoughts regarding the

topic. The main focus of thought papers is for you to **learn** to think critically about psychology. **One of the assigned thought papers will be about music lyrics.** More information will be given about these thought papers at a later date. Each thought paper is worth 25 points.

Quizzes. Six (6) quizzes will be given during the semester. I will take the five (5) quizzes with the highest scores to determine your points. Since I will be throwing out the one lowest score for quizzes, **no late quizzes will be accepted.** Each quiz will be worth 10 points. Quizzes are on Blackboard.

Exams. Four (4) exams will be given. Exams will consist of multiple choice, fill in the blank, short answer and essay questions from the textbook, lectures and videos. No make-up exams will be given unless you have called me **PRIOR** to the exam and let me know you will not be able to take the exam. If you contact me prior to the exam, you will have one week to make-up the exam. Each exam will be worth 100 points. **Please bring a #2 pencil and a scantron to each examination.**

Student Learning Outcome. In order to demonstrate your understanding of psychology, you will be required to identify major psychological disorders, key symptoms, and the main strategies used for treatment.

Grading System:

90-100% = A	Exams	4@	100 pts.	400 pts.
80-89% = B	Quizzes	5@	10 pts.	50 pts.
70-79% = C	Projects	3@	25 pts.	75 pts.
60-69% = D				
0-59% = F	Participation		25 pts.	25 pts.

TOTAL: 550 pts.

Special Accommodation:

Should a student enrolled in the course require a special accommodation due to a disability in order to complete the requirements of the course, please advise the instructor immediately or contact the Disabled Student Programs and Services at (760) 355-6312.

Academic Dishonesty:

Please read and understand this section fully. Academic dishonesty (cheating) of any type will not be tolerated in my classroom. If a student is caught committing any type of academic dishonesty he or she will be given a 0 for the assignment/exam and will be reported to the Student Affairs office for further handling of the matter. In addition, unless you have made prior arrangements with the instructor, leaving during the class period or while watching a movie will be counted as an absence. If you get up and leave during class, please do not return. Coming in and out is disruptive to the other students as well as myself. Also, no cell phones should be answered during class or examinations.

TENTATIVE COURSE SCHEDULE

Date	Topic	Reading Assignment
08/20/13	Introduction to Class	
08/22/13-08/27/13	Thinking Critically with Psychological Science	Chapter 1
08/29/13-09/05/13	The Biology of Behavior	Chapter 2
09/10/13-09/12/13	Consciousness & The Two Track Mind Thought Paper #1 Due	Chapter 3
09/17/13	Exam #1	
09/24/13-09/26/13	Developing Thought the Life Span	Chapter 4
10/01/13-10/03/13	Gender & Sexuality	Chapter 5
10/08/13	Sensation and Perception	Chapter 6
10/10/13-10/15/13	Learning Thought Paper #2 Due	Chapter 7
10/17/13	Exam #2	
10/22/13	Motivation & Emotion	Chapter 10
10/24/13-10/29/13	Stress, Health & Human Flourishing	Chapter 11
10/31/13-11/05/13	Personality	Chapter 12
11/07/13	Exam #3	
11/12/13-11/14/13	Social Psychology	Chapter 13
11/19/13-11/21/13	Psychological Disorders Thought Paper #3 Due	Chapter 14
11/26/13-12/03/13	Therapy	Chapter 15
11/28/13	HAPPY THANKSGIVING – NO CLASS	
12/05/13	Final Exam	

This instructor reserves the right to make announced modifications to this course outline