Basic Course Information

Semester:	Winter 2019	Instructor Name:	Terrie Sullivan, RN, MSN/Ed., PHN
Course Title & #:	Nursing 100	Email:	terrie.sullivan@imperial.edu
CRN #:	15002	Webpage (optional):	
			2125 Not on campus in
Classroom:	Online	Office #:	winter session
			Monday – Thursday 7-8pm in
Class Dates:	January 2 – February 1, 2019	Office Hours:	Chat room
Class Days:	online	Office Phone #:	760-355-6425
Class Times:	online	Emergency Contact:	760-355-6348 Nursing office
Units:	1		

#### **Course Description**

This course focuses on those components of safe medication calculation and administration. The emphasis is on accuracy of calculation and the critical thinking involved in client/patient safety. This is an intense class on med math calculations that is required of all RN majors. Clinical application is integrated into the clinical nursing courses.

In NURS100, the student is required to apply mathematical principles to the calculation of drug dosages. This includes addition, subtraction, multiplication & division of decimals and fractions. A thorough knowledge of the metric system with emphasis on the conversions is required. Dimensional analysis as it applies to calculating drug dosages is included

#### Student Learning Outcomes

#### **Student Learning Outcomes:**

Upon completion of this class the student will be able to:

1. Calculate the flow rate of a simple primary intravenous line in ml/hr or drops/min as measured by one (1) randomly selected question on the final exam with a class average for the measured question at 92% or better.

2. Pass a comprehensive final exam on dosage calculations at 78% including critical care and pediatric problems.

#### **Course Objectives**

1. Calculate basic mathematic problems including addition, subtraction, multiplication & division of fractions & decimals.

2. Convert metric, apothecary and household measures accurately.

3. Solve dosage problems using dimensional analysis

- 4. Calculate adult & pediatric dosages.
- 5. Calculate intravenous flow rates.
- 6. Interpret drug orders and labels relevant to the safe administration of drugs.
- 7. Discuss the "Six rights" of clients relative to administration of medications.
- 8. Describe the routes of administration

Textbooks & Other Resources or Links

### REQUIRED

Medical Dosage Calculations Plus My Nursing Lab with Pearson eText -- Access Card Package, 11/e ISBN 9780134480602

### **Course Requirements and Instructional Methods**

Classroom work:

The student is expected to log into the class at least 3-4 times per week. Tests:

There will be exams covering the topics reviewed online in the weekly modules. They will be taken in Canvas. **THERE ARE NO MAKE-UP EXAMS REGARDLESS OF EXCUSE.** 

Assignments:

There will be homework assignments from the required My Nursing Lab (MNL)(Pearson) online site. These assignments will be outlines in Canvas. The assignments will cover the topics discussed in modules and on MNL. **NO LATE WORK WILL BE ACCEPTED.** 

Online and Hybrid courses must demonstrate compliance with the IVC Regular and Effective Contact Policy for Distance Education.

Out of Class Assignments: The Department of Education policy states that one (1) credit hour is the amount of student work that reasonably approximates not less than one hour of class time and two (2) hours of out-of-class time per week over the span of a semester. WASC has adopted a similar requirement.

Course Grading Based on Course Objectives

This is a nursing course therefore the grading is per the nursing department grading scales.

A = 93-100%B = 84-92% C = 78-83% F = Below 78%

Grades will NOT be "rounded" There will be weekly exams worth 25- 30 points Chapter assignments in My Nursing Lab Final Exam worth 100 points

### Attendance

- A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of that class. Should readmission be desired, the student's status will be the same as that of any other student who desires to add a class. It is the student's responsibility to drop or officially withdraw from the class. See General Catalog for details.
- Regular attendance in all classes is expected of all students. A student whose continuous, unexcused absences exceed the number of hours the class is scheduled to meet per week may be dropped. For online courses, students who fail to complete required activities for two consecutive weeks may be considered to have excessive absences and may be dropped.
- Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as 'excused' absences.

### **Classroom Etiquette**

- Electronic Devices: Cell phones and electronic devices must be turned off and put away during class, unless otherwise directed by the instructor.
- Food and Drink are prohibited in all classrooms. Water bottles with lids/caps are the only exception. Additional restrictions will apply in labs. Please comply as directed by the instructor.
- Disruptive Students: Students who disrupt or interfere with a class may be sent out of the room and told to meet with the Campus Disciplinary Officer before returning to continue with coursework. Disciplinary procedures will be followed as outlined in the General Catalog.
- Children in the classroom: Due to college rules and state laws, only students enrolled in the class may attend; children are not allowed.

### Online Netiquette

- What is netiquette? Netiquette is internet manners, online etiquette, and digital etiquette all rolled into one word. Basically, netiquette is a set of rules for behaving properly online.
- Students are to comply with the following rules of netiquette: (1) identify yourself, (2) include a subject line, (3) avoid sarcasm, (4) respect others' opinions and privacy, (5) acknowledge and return messages promptly, (6) copy with caution, (7) do not spam or junk mail, (8) be concise, (9) use appropriate language, (10) use appropriate emoticons (emotional icons) to help convey meaning, and (11) use appropriate intensifiers to help convey meaning [do not use ALL CAPS or multiple exclamation marks (!!!!)].

#### Academic Honesty

Academic honesty in the advancement of knowledge requires that all students and instructors respect the integrity of one another's work and recognize the important of acknowledging and safeguarding intellectual property.

There are many different forms of academic dishonesty. The following kinds of honesty violations and their definitions are not meant to be exhaustive. Rather, they are intended to serve as examples of unacceptable academic conduct.

- Plagiarism is taking and presenting as one's own the writings or ideas of others, without citing the source. You should understand the concept of plagiarism and keep it in mind when taking exams and preparing written materials. If you do not understand how to "cite a source" correctly, you must ask for help.
- Cheating is defined as fraud, deceit, or dishonesty in an academic assignment, or using or attempting to use materials, or assisting others in using materials that are prohibited or inappropriate in the context of the academic assignment in question.

Anyone caught cheating or plagiarizing will receive a zero (0) on the exam or assignment, and the instructor may report the incident to the Campus Disciplinary Officer, who may place related documentation in a file. Repeated acts of cheating may result in an F in the course and/or disciplinary action. Please refer to the General Catalog for more information on academic dishonesty or other misconduct. Acts of cheating include, but are not limited to, the following: (a) plagiarism; (b) copying or attempting to copy from others during an examination or on an assignment; (c) communicating test information with another person during an examination; (d) allowing others to do an assignment or portion of an assignment; (e) using a commercial term paper service.

## Additional Student Services

Imperial Valley College offers various services in support of student success. The following are some of the services available for students. Please speak to your instructor about additional services which may be available.

- CANVAS LMS. Canvas is Imperial Valley College's main Learning Management System. To log onto Canvas, use this link: Canvas Student Login. The Canvas Student Guides Site provides a variety of support available to students 24 hours per day. Additionally, a 24/7 Canvas Support Hotline is available for students to use: 877-893-9853.
- Learning Services. There are several learning labs on campus to assist students through the use of computers and tutors. Please consult your Campus Map for the Math Lab; Reading, Writing & Language Labs; and the Study Skills Center.
- Library Services. There is more to our library than just books. You have access to tutors in the Study Skills Center, study rooms for small groups, and online access to a wealth of resources.

# Disabled Student Programs and Services (DSPS)

Any student with a documented disability who may need educational accommodations should notify the instructor or the Disabled Student Programs and Services (DSP&S) office as soon as possible. The DSP&S office is located in Building 2100, telephone 760-355-6313. Please contact them if you feel you need to be evaluated for educational accommodations.

# Student Counseling and Health Services

Students have counseling and health services available, provided by the pre-paid Student Health Fee.

• **Student Health Center**. A Student Health Nurse is available on campus. In addition, Pioneers Memorial Healthcare District provide basic health services for students, such as first aid and care for minor illnesses. Contact the IVC Student Health Center at 760-355-6128 in Room 1536 for more information.

• Mental Health Counseling Services. Short-term individual, couples, family and group counseling services are available for currently enrolled students. Services are provided in a confidential, supportive, and culturally sensitive environment. Please contact the IVC Mental Health Counseling Services at 760-355-6310 or in the building 1536 for appointments or more information..

## Veteran's Center

The mission of the IVC Military and Veteran Success Center is to provide a holistic approach to serving military/veteran students on three key areas: 1) Academics, 2) Health and Wellness, and 3) Camaraderie; to serve as a central hub that connects military/veteran students, as well as their families, to campus and community resources. Their goal is to ensure a seamless transition from military to civilian life. The Center is located in Building 600 (Office 624), telephone 760-355-6141.

## Extended Opportunity Program and Services (EOPS)

The Extended Opportunity Program and Services (EOPS) offers services such as priority registration, personal/academic counseling, tutoring, book vouchers, and community referrals to qualifying low-income students. EOPS is composed of a group of professionals ready to assist you with the resolution of both academic and personal issues. Our staff is set up to understand the problems of our culturally diverse population and strives to meet student needs that are as diverse as our student population.

Also under the umbrella of EOPS our CARE (Cooperative Agency Resources for Education) Program for single parents is specifically designed to provide support services and assist with the resolution of issues that are particular to this population. Students that are single parents receiving TANF/Cash Aid assistance may qualify for our CARE program, for additional information on CARE please contact Lourdes Mercado, 760-355- 6448, <u>lourdes.mercado@imperial.edu</u>.

EOPS provides additional support and services that may identify with one of the following experiences:

- Current and former foster youth students that were in the foster care system at any point in their lives
- Students experiencing homelessness
- Formerly incarcerated students

To apply for EOPS and for additional information on EOPS services, please contact Alexis Ayala, 760-355-5713, <u>alexis.ayala@imperial.edu</u>.

### **Student Equity Program**

• The Student Equity Program strives to improve Imperial Valley College's success outcomes, particularly for students who have been historically underrepresented and underserved. The college identifies strategies to monitor and address equity issues, making efforts to mitigate any disproportionate impact on student success and achievement. Our institutional data provides insight surrounding student populations who historically, are not fully represented. Student Equity addresses disparities and/or disproportionate impact in student success across disaggregated student equity groups including gender, ethnicity, disability status, financial need, Veterans, foster youth, homelessness, and formerly incarcerated students. The Student Equity Program provides direct supportive services to empower students experiencing insecurities related to food, housing, transportation, textbooks, and shower access. We recognize that students who struggle meeting their basic needs are also at an academic and economic disadvantage, creating barriers to academic success and wellness. We strive to remove barriers that affect IVC students' access to education, degree and certificate completion, successful completion of developmental math and English courses, and the ability to transfer to a university. Contact: 760.355.5736 or 760.355.5733 Building 100.

• The Student Equity Program also houses IVC's Homeless Liaison, who provides direct services, campus, and community referrals to students experiencing homelessness as defined by the McKinney-Vento Act. Contact: 760.355.5736 Building 100.

# Student Rights and Responsibilities

Students have the right to experience a positive learning environment and to due process of law. For more information regarding student rights and responsibilities, please refer to the IVC General Catalog.

# Information Literacy

Imperial Valley College is dedicated to helping students skillfully discover, evaluate, and use information from all sources. The IVC Library Department provides numerous Information Literacy Tutorials to assist students in this endeavor.

# Anticipated Class Schedule/Calendar

# \*\*\*Tentative, subject to change without prior notice\*\*\*

Week 1 - Welcome and Introductions (Week 1) Week 1 Overview: Students will be introduced to the online course environment and IVC policies and procedures. Students will also learn more about their online classmates

Week 1 Objectives: By the end of this unit, students will be able to:

- Interpret the course syllabus
- Navigate the Canvas learning environment
- Complete the *<u>Getting Started</u>* module
- Understand the College's add and drop policies, procedures and online learning requirements
- Enroll and learn the <u>My Nursing Lab</u> (MNL) online
- Know more about your fellow online classmates
- Learn and understand the dimensional analysis method of dosage and drug calculations

Week 1 Assignment

• Purchase the textbook:

Medical Dosage Calculations Plus My Nursing Lab with Pearson eText -- Access Card Package, 11/e **ISBN 9780134480602** List Price: \$119.80.

This is the e-book and my lab that you will be using. It is not necessary to purchase the textbook separately. I have put the Instructions in the Modules on how to register and it has the course ID in my Nursing Lab.

- Read & Understand the Syllabus (Click Syllabus on the left)
- Read & Understand the Course Policies
- Read & Understand Week 1 Module.
- Read Chapter 1 and participate in the Assignment #1 in Canvas on Review of Arithmetic.

Week 2 Overview: This week students will be learning how to:

- convert between using household measurements to metric system measurements.
- recognize that drugs dosages are measured in units, milliequivalents, grams, micrograms and milligrams
- components of administering medications
- reading a drug label to be able to determine how the dosages will be calculated

Week 2 Objectives: By the end of this week students will be able to:

- Solve, using Dimensional Analysis, both simple (one step) and complex (mulit-step) problems containing system conversions and medication/IV rates.
- List the commonly used units of measure in the metric system.
- Express metric weights and volumes using correct notation rules.
- Convert metric weights and volumes within the system.
- Recognize dosages that are measured in units, percentage, milliequivalents, in household measures,

and apothecary measures , and using ratio strengths

- Identify scored tablets, unscored tablets, and capsules.
- Read drug labels to identify trade and generic names.
- Locate dosage strengths and calculate average dosages

WEEK 2 Assignment:

- Read & Understand Week 2 Module on System Conversions
- Read Chapters 3, 4 and 5 in Olsen e-text
- Complete Study Guides System conversions, Dosage calculations
- Review power points in Week 2
- Assignment: Review Study Guide and complete them
- Complete the Assignment Week 2 My Nursing Lab online in the Weekly section
- Complete Exam #2 System Conversions and Dosage Calculations in Canvas

**Week 3 Overview:** This week students will learn how to prepare medications using oral, parenteral and powder forms of drugs and how to calculate the appropriate amounts from the problems listed in the study guides.

Week 3 Objectives: By the end of this week students will be able to:

- prepare solutions from powdered drugs using directions printed on vial labels.
- prepare solutions from powdered drugs using drug literature or inserts.
- determine the expiration date and time for reconstituted drugs.
- calculate dosages for reconstituted drugs, oral medications in solid and liquid form and medications measured in milliequivalents
- calculate dosages based on weight.
- calculate average parenteral dosages from the labels provided.

# WEEK 3 Assignment:

- Read Chapters 2, 6, 7, and 8 in Olsen e-text.
- Review power points in Week 3
- Study Guides posted in Week 3
- Complete Assignment Week 3
- Complete Exam #2 Dimensional Analysis: Oral, Parenteral Dosages in Canvas

**Week 4 Overview:** This week the students will start to learn about intravenous (IV) solutions, how to calculate IV flow rates using gravity and by using electronic infusion devices.

Week 4 Objectives: By the end of this week students will be able to:

- differentiate between primary, secondary, peripheral, and central IV lines.
- explain the function of IV drip chambers, roller and slide clamps, and on-line and indwelling injection ports.
- differentiate between volumetric pumps, syringe pumps, and PCAs
- identify the abbreviations used for IV fluid orders.
- identify the calibrations in gtt/mL (drops/mL) on IV administration sets.
- calculate flow rates using dimensional analysis
- flow rates to infuse ordered dosages.
- mL/hr flow rates for an Electronic Infusion Device (EID) or IV pump.
- heparin dosages.
- hourly dosage infusing from mL/hr rate.
- Critical care IV's: mcg/kg/min

# WEEK 4 Assignment:

- Read chapter 11 in Olsen e-text.
- Review power points in Week 4
- Study Guides posted in Week 4
- Complete Assignment Week 4
- Complete Exam 3: IV's, continuous multiple IV's, Primary, Piggy back, specialty, Blood, gtts/min, ml/hr, units/mg/hr

#### Week 5 Overview:

This week students will learn the importance of calculating pediatric dosages correctly.

Week 5 Objectives: By the end of this week students will be able to:

- explain how suspensions are measured and administered.
- calculate pediatric oral dosages.
- list the precautions of IM and subcutaneous injection in infants and children.
- calculate pediatric IM and subcutaneous dosages.
- list the steps in preparing and administering IV medications from a solution bag.
- calculate flow rates for the administration of pediatric IV medications
- use normal daily and hourly dosage ranges to calculate and assess dosages ordered.
- dosages and flow rates based on kg body weight

### WEEK 5 Assignment:

- Read chapter 12
- Study Guides Week 5 in Canvas
- Review all weeks for final exam
- Complete Exam #4: Pediatric and critical care IV's

# **Final Exam**

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