Basic Course Information

Semester	Spring 2016	Instructor Name	Cuauhtemoc Carboni, Ph.D.
Course Title & #	Intro to Physical Education PE	Email	temo.carboni@imperial.edu
	209		
CRN#	20994	Webpage (optional)	
Room	208	Office	705 B
Class Dates	Feb 16 – Jun 10	Office Hours	MW 11:00 AM – 12:00 PM
			TR 3:30 PM – 4:30 PM
Class Days	TR	Office Phone #	760-355-6250
Class Times	4:45 PM – 6:10 PM	Email me if student	temo.carboni@imperial.edu
Units	3.0	will be out or	
		emergency	

Course Description

History, philosophy and principles of physical education. Study of the aims and objectives of modern physical education with emphasis on the development of basic philosophy and background for professional development. (CSU)

Student Learning Outcomes

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

- 1. Identify cultural influences and trends influencing physical education.(ISLO2, ISLO4, ISLO5)
- 2. Identify career related fields in Physical Education and Exercise Science. (ISLO1, ISLO2, ISLO5)
- 3. Assess future issues in Physical Education and Exercise Science. (ISLO2, ISLO4, ISLO5)

Course Objectives

Upon satisfactory completion of the course, students will be able to:

- 1. Analyze the historical aspects of physical education.
- 2. Identify various career fields that are related to physical education.
- 3. Analyze global trends in physical education and related fields.
- 4. Identify the aims and objectives of modern physical education.
- 5. Examine the contemporary philosophies of education and physical education.
- 6. Explain the preparation and qualifications of a Physical Educator.
- 7. Analyze and assess the future issues of physical education.
- 8. Identify the various physical education equipment, facilities, and activities.

Textbooks & Other Resources or Links

Wuest, D. and Fisette, J. (2012). Foundations of Physical Education, Exercise Science, and Sport (18th/e/e).

McGraw-Hill. ISBN: 9780073522777 (REQUIRED)

Course Requirements and Instructional Methods

Instructional Methods:

- 1. Audio Visual
- 2. Discussion
- 3. Group Activity
- 4. Individual Activity

5. Lecture

Student Requirements and Responsibilities:

Reading before each class session is one of the most important requirements for this course. During this course we will be engaged in discussions, group and individual activities that require prior preparation from you to be able to successfully meet daily learning objectives according to each topic.

During classroom discussions and activities you are expected to be respectful of others and the instructor.

Successful students in this course spend two (2) hours of independent work done out of class per each hour of lecture or class work. For this course it means that you spend 6 hours outside of class a week reading or doing assigned homework.

Course Grading Based on Course Objectives

Assignments and Grading Procedures:

Reading Quizzes: Multiple choice quizzes on assigned readings Homework: 5 homework assignments related to weekly topics

In-Class/online assignments: 10 classroom activities related to weekly topics

Career Opportunity Project: Analyze current reading in the field. After choosing a specialty in Kinesiology/P.E., prepare a written project that examines career opportunities, educational requirements, and typical job functions for that specialty.

Tests: 2 tests, midterm and final

Grading Points

Grading Scale:

Reading Quizzes	200 points	A = 1000 - 900 points
Homework:	100 points	B = 899 - 800 points
In-class/online:	100 points	C = 799 - 700 points
Midterm:	100 points	D = 699 - 600 points
Final:	100 points	F= 599 or below points
Project:	400 points	

Total Points: 1000 points

Attendance

- A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of
 an online class will be dropped by the instructor as of the first official meeting of that class. Should
 readmission be desired, the student's status will be the same as that of any other student who desires to add
 a class. It is the student's responsibility to drop or officially withdraw from the class. See General Catalog
 for details.
- Regular attendance in all classes is expected of all students. A student whose continuous, unexcused
 absences exceed the number of hours the class is scheduled to meet per week may be dropped. For online
 courses, students who fail to complete required activities for two consecutive weeks may be considered to
 have excessive absences and may be dropped.
- Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as 'excused' absences.

Classroom Etiquette

- Food and Drink are prohibited in all classrooms. Water bottles with lids/caps are the only exception.
- <u>Disruptive Students:</u> Students who disrupt or interfere with a class may be sent out of the room and told to meet with the Campus Disciplinary Officer before returning to continue with coursework. Disciplinary procedures will be followed as outlined in the General Catalog.
- <u>Children in the classroom:</u> Due to college rules and state laws, no one who is not enrolled in the class may attend, including children.
- <u>Electronic Devices:</u> Cell phones and electronic devices must be turned off and put away during class unless otherwise directed by the instructor.

Academic Honesty

- <u>Plagiarism</u> is to take and present as one's own the writings or ideas of others, without citing the source. You should understand the concept of plagiarism and keep it in mind when taking exams and preparing written materials. If you do not understand how to correctly 'cite a source', you must ask for help.
- <u>Cheating</u> is defined as fraud, deceit, or dishonesty in an academic assignment or using or attempting to use materials, or assisting others in using materials, or assisting others in using materials, which are prohibited or inappropriate in the context of the academic assignment in question.

Anyone caught cheating or will receive a zero (0) on the exam or assignment, and the instructor may report the incident to the Campus Disciplinary Officer, who may place related documentation in a file. Repeated acts of cheating may result in an F in the course and/or disciplinary action. Please refer to the General School Catalog for more information on academic dishonesty or other misconduct. Acts of cheating include, but are not limited to the following: (a) plagiarism; (b) copying or attempting to copy from others during an examination or on an assignment; (c) communicating test information with another person during an examination; (d) allowing others to do an assignment or portion of an assignment, (e) use of a commercial term paper service

Additional Help

- <u>Blackboard</u> support center: <u>http://bbcrm.edusupportcenter.com/ics/support/default.asp?deptID=8543</u>
- <u>Library Services</u>: There is more to our library than just books. You have access to tutors in the learning center, study rooms for small groups, and online access to a wealth of resources.
- <u>Learning Labs</u>: There are several 'labs' on campus to assist you through the use of computers, tutors, or a combination.

Disabled Student Programs and Services (DSPS)

Any student with a documented disability who may need educational accommodations should notify the instructor or the Disabled Student Programs and Services (DSP&S) office as soon as possible. The DSP&S office is located in Building 2100, telephone 760-355-6313 if you feel you need to be evaluated for educational accommodations.

Student Counseling and Health Services

Students have counseling and health services available, provided by the pre-paid Student Health Fee. We now also have a fulltime mental health counselor. For information see http://www.imperial.edu/students/student

Student Rights and Responsibilities

Students have the right to experience a positive learning environment and due process. For further information regarding student rights and responsibilities please refer to the IVC General Catalog available online at http://www.imperial.edu/index.php?option=com_docman&task=doc_download&gid=4516&Itemid=762

Information Literacy

Imperial Valley College is dedicated to help students skillfully discover, evaluate, and use information from all sources. Students can access tutorials at http://www.imperial.edu/courses-and-programs/divisions/arts-and-letters/library-department/info-lit-tutorials/

Anticipated Tentative Class Schedule / Calendar

Date	Assignment and/or Topic	Readings/Homework
16-Feb	Orientation/Syllabus/Introductions	Read ch.1
18-Feb	Meaning and Scope	Read ch.1
23-Feb	Meaning and Scope	Read ch.2
25-Feb	Philosophy Goals & Objectives	Read ch.2
1-Mar	Philosophy Goals & Objectives	Read ch.3
3-Mar	Health & PA in Our Society	Read ch.3
8-Mar	Health & PA in Our Society	Read ch.4
10-Mar	Historical Foundations	Read ch.4
15-Mar	Historical Foundations	Read ch.5
17-Mar	Motor Behavior	Read ch.5
22-Mar	Motor Behavior	Read ch.6
24-Mar	Biomechanical Foundations	Read ch.6
5-Apr	Biomechanical Foundations	Read ch.7/PR
7-Apr	Exercise Physiology & Fitness	Read ch.7
12-Apr	Exercise Physiology & Fitness	Study Midterm
14-Apr	Midterm	Read ch.8
19-Apr	Sociological Foundations	Read ch.8
21-Apr	Sociological Foundations	Read ch.9
26-Apr	Sport & Exercise Psychology	Read ch.9
28-Apr	Sport & Exercise Psychology	Read ch.10
3-May	Physical Education Pedagogy	Read ch.10
5-May	Physical Education Pedagogy	Read ch.11
10May	Career & Professional Develop	Read ch.11
12May	Career & Professional Develop	Read ch.12
17May	Teaching & Coaching Careers	Read ch.12
19May	Teaching & Coaching Careers	Read ch.13
24May	Fitness & Health Related Careers	Read ch.13
26May	Fitness & Health Related Careers	Read ch.14
31May	Sports Careers	Read ch.14
2-Jun	Sports Careers	Read ch.15
7-Jun	Future Trends	Study Final
9-Jun	Final Exam	Project Due