

### Basic Course Information

Semester:	<b>Spring 2016</b>	Instructor Name:	<b>Webster</b>
Course Title & #:	<b>NS128: Nursing Care of the Childbearing Family</b>	Email:	<b>roberta.webster@imperial.edu</b>
CRN #:	<b>20756</b>	Webpage (optional):	<b>See Blackboard</b>
Classroom:	<b>2150</b>	Office #:	<b>2125</b>
Class Dates:	<b>04-19-16 to 6-8-2016</b>	Office Hours:	<b>T &amp; W-0700-0800,1100-1200 Th/F-0630-0700</b>
Class Days:	<b>T-F</b>	Office Phone #:	<b>760-355-6345</b>
Class Times:	<b>T, W: 0800-1050 TH, F: 0645-1345</b>	Emergency Contact:	<b>Don Webster</b>
Units:	<b>4.5</b>		

### Course Description

This course provides an integrative, family-centered approach to the care of women of childbearing age and newborns. Emphasis is placed on normal and high-risk pregnancies, normal growth and development, family dynamics, reproductive health changes, and the promotion of healthy behaviors in patients. Clinical experiences provide the student an opportunity to apply theoretical concepts and implement safe patient care to women of childbearing age and newborns in selected settings.

### Student Learning Outcomes

1. Determine actual and potential problems of the maternity cycle and appropriate nursing responses to restore and promote health. (ISLO 2, 4)
2. Demonstrate critical thinking through development of a nursing care plan on one selected patient in the clinical setting. (ISLO 2, 4)
3. Demonstrate effective collaboration and verbal and written communication in a clinical setting. (ISLO 1, 2)
4. Demonstrate professionalism and ethical behavior while providing effective nursing care in the clinical setting. (ISLO 3)
5. Plan, implement, and evaluate nursing care of the obstetric and newborn client and family. (ISLO 1, 2)

### Course Objectives

Upon satisfactory completion of the course, students will be able to:

1. Perform a comprehensive health assessment of women of childbearing age and newborns that identifies deviations from normal as well as health risks.
2. Develop an individualized, evidence based plan of care that demonstrates an appreciation of a woman's and newborn's cultural, spiritual, and developmental variations and makes recommendations for the adoption of health-promoting behaviors.
3. Collaborate as a member of the interdisciplinary health care team and act as a patient advocate in the provision of quality care that promotes patient safety for women of childbearing age and newborns.
4. Demonstrate clinical judgment and evaluate outcomes when providing care to women of childbearing age and newborns.
5. Integrate knowledge of pharmacology, pathophysiology, and nutrition as well as concepts from previous nursing courses and evidence based practice to the care of women of childbearing age and newborns.
6. Use verbal and nonverbal communication that promotes caring therapeutic relationships with patients, families, as selected groups as well as professional relationships with members of the health care team.
7. Use information technologies to access evidence based literature and patient information as well as communicate with members of the health care team, accurately documenting patient care in a secure and timely manner.
8. Acknowledge the value of evidence based practice by integrating evidence based knowledge into practice when providing care to women of childbearing age and newborns.
9. Provide health and safety related education to patients and their families while recognizing the nurse's role as educator

and change agent.

10. Use organizational, priority setting, and decision making skills when providing care to childbearing women and newborns in selected settings.

11. Recognize the nurse's role in reporting patient safety and quality care concerns and in supporting activities that promote performance improvement.

12. Provide care to women of childbearing age and newborns while adhering to ethical and legal standards and maintaining accountability and responsibility for care provided.

Textbooks & Other Resources or Links					
Author	ISBN	Title	Edition	Year	Publisher
Davidson, London, & Ladewig: REQUIRED	Pearson Package: 13:9780134120980: Must order through publisher	<u>Olds' Maternal-Newborn Nursing and Women's Health Across the Lifespan</u> , 9 <sup>th</sup> ed.; Access Card for myNursing Lab for Contemporary Maternal-Newborn Nursing, 4 <sup>th</sup> ed.; Osborn, Wraa, Watson, & Holleran, <u>Medical-Surgical Nursing</u> , 2 <sup>nd</sup> ed.; Access Card for my NursingLab for Medical-Surgical Nursing: Critical Thinking, 5 <sup>th</sup> ed.	9 <sup>th</sup> : Olds' 2 <sup>nd</sup> : Osborn	2012	Pearson
Berman & Snyder: REQUIRED	13-9780132149648	<u>Skills in Clinical Nursing</u>	7 <sup>th</sup>	2012	Pearson
Lehne: REQUIRED	978-1437735826	<u>Pharmacology for Nursing Care</u>	8 <sup>th</sup>	2013	Elsevier
Hogan: RECOMMENDED	9780132956864	Pearson Reviews & Rationales: Maternal-Newborn Nrsng w/Nrsg Reviews & Rationales	3rd	2013	Pearson
RECOMMENDED	9781451193312	<u>Maternal-Neonatal Nursing Made Incredibly Easy w/CD</u>		2014	LWW
Davidson, London & Ladewig: RECOMMENDED	9780132118491	<u>Clinical Handbook for Olds' Maternal-Newborn Nursing</u>	9 <sup>th</sup>	2012	Pearson

### Course Requirements and Instructional Methods

Reading, CD/video, Internet, and writing assignments are required. Students will be expected to read, understand, and critique information from college level textbooks, nursing journals, or equivalent. The reading list will include texts used in prior nursing courses and those required of this course (see text book list). Additional reading assignments will be required to supplement textbook material. Writing assignments will reflect the objectives listed and may include, but not be limited to, short essays, posters, and/or professional papers. Outside assignments including but not limited to nursing lectures, independent exercises, and learning center activities may be assigned and are required.

Clinical pre-assignments will include preparing for clinical by practicing skills, obtaining patient data, reviewing medication information, and completing pre-assignments as designated for each clinical area. Clinical hours will be spent demonstrating proficiency, providing professional nursing care to assigned patients, observations in various clinical departments, and participating in simulation. Written post-assignments will relate to the clinical experience and may include but not be limited to care plans, case studies, professional papers/posters, and journal entries. Clinical sites may include hospitals, clinics, simulation lab, schools, and social service agencies.

It is each student's responsibility to complete all facility requirements, i.e., BLS training, immunizations, background checks, drug screening, specific hospital orientation, etc., prior to clinical rotations (please see the student handbook for more information). A student will not be allowed to attend any clinical hours until this is done. If over the maximum hours of absenteeism because of this, the student will be dropped from the class.

Out of Class Assignments: The Department of Education policy states that one (1) credit hour is the amount of student work that reasonably approximates not less than one hour of class time and two (2) hours of out-of-class time per week over the span of a semester. WASC has adopted a similar requirement.

### **Course Grading Based on Course Objectives**

Students must maintain a “C” average grade as determined by the scale below:

- A = 92-100%
- B = 83-91%
- C = 75-82%
- D = 68-74%
- F = Below 68%

Grades will not be “rounded”. To advance to the next semester, a “C” or better is required in this course.

All of the following must be attained to successfully pass this course:

- A. Final Theory Exam score must be passed at  $\geq 75\%$ .
- B. Clinical grade must total equivalent of 75% or greater based on all points accumulated.
- C. Theory (exams) grade must total equivalent of 75% or greater.
- D. Attendance requirements as noted below must be met.
- E. Less than 3 unsatisfactories in clinical work must occur.
- F. Final clinical evaluation must show all categories as “Satisfactory”.

Testing will include no more than 7 examinations in addition to written, demonstration, and/or oral assignments, and a final examination. Pop quizzes may be included. EXCEPT FOR UNDER EXTREME CIRCUMSTANCES, THERE WILL BE NO MAKE-UPS FOR TESTS OR QUIZZES MISSED DUE TO ABSENCE.

Clinical evaluation will be done on an ongoing basis with a student required to meet “satisfactory” in all areas to pass the course. Evaluation is based on written assignments, adherence to nursing standards of care, QSEN competencies, and professional performance. As a part of professional performance, a student must maintain and demonstrate competency in dosage calculation at all times. An unsatisfactory in clinical may be given based on the same standards of care and professional performance and will require remediation in the learning center. Three unsatisfactory grades given in clinical or failure to meet the clinical objectives will result in failure of this class regardless of the overall grade.

Schedule and total points available may change at the discretion of the instructors, taking into account the progress of students with the materials. Any change will be announced in class or via email through Blackboard. Students are held responsible for all materials covered in the syllabus and for any changes that are announced in class or by email.

ATI testing on Maternal-Newborn nursing is a part of the theory graded section of the NS128 course. Students are responsible for reading all material in the ATI Maternal-Newborn book prior to the assigned test date.

To evaluate a student’s ability to provide for patient safety and to demonstrate clinical competence, students must be present in clinical. Absenteeism and/or tardiness beyond the maximum allowed will result in being dropped from NS128. This will result in a “W” grade if before the drop date and “F” if after that date.

It is recommended that if a grade falls below 78% that the student will arrange to meet with the faculty member. Faculty can be reached in person, by email, or during office hours to discuss grades or other classroom or clinical matters.

The student is responsible for withdrawing (W) from the class before the deadline as outlined on your registration forms. Failure to pass this class will affect your ability to progress to the next semester. Students failing or withdrawing must complete a Petition to Re-Enter.

Simulations are a safe learning environment where all students will have the opportunity to interact within a structured scenario. Simulations will be utilized during this class and simulation materials will be handed out during the semester. All advance assignments must be completed before the start of class. Failure to complete the pre-assignment will prevent the student from attending the class for the day resulting in a clinical absence and an “unsatisfactory” in clinical performance.

### Attendance

It is the responsibility of each student to attend all classroom and clinical hours and to contact the faculty person before the start of class of any need to be excused from class. If a student does not contact the faculty member by the assigned time and is absent, a clinical unsatisfactory for professional behaviors will be given. Students are expected to attend all classes. **Absences are limited to the equivalent of the number of hours class meets in one week over a full semester; as a short-term class, this equates to one theory day absence and one clinical day absence.** A student who reaches the maximum allowable hours of absenteeism or tardiness may be dropped by the instructor.

Acceptance of absenteeism excuses is at the discretion of the faculty member and may result in failure of the class. A student who reaches the maximum allowable number of hours absent and is not allowed to continue may file a petition to reenter the nursing program. The teaching team will meet with the student to discuss remediation and the possibility of reentry. Tardiness will be included in calculation of absenteeism.

- A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of that class. Should readmission be desired, the student's status will be the same as that of any other student who desires to add a class. It is the student's responsibility to drop or officially withdraw from the class. See [General Catalog](#) for details.
- Regular attendance in all classes is expected of all students. A student whose continuous, unexcused absences exceed the number of hours the class is scheduled to meet per week may be dropped. For online courses, students who fail to complete required activities for two consecutive weeks may be considered to have excessive absences and may be dropped.
- Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as 'excused' absences.

### Classroom Etiquette

- Electronic Devices: Cell phones and electronic devices must be turned off and put away during class, unless otherwise directed by the instructor.
- Food and Drink are prohibited in all classrooms. Water bottles with lids/caps are the only exception. Additional restrictions will apply in labs. Please comply as directed by the instructor.
- Disruptive Students: Students who disrupt or interfere with a class may be sent out of the room and told to meet with the Campus Disciplinary Officer before returning to continue with coursework. Disciplinary procedures will be followed as outlined in the [General Catalog](#).
- Children in the classroom: Due to college rules and state laws, no one who is not enrolled in the class may attend, including children.

### Online Netiquette

- What is netiquette? Netiquette is internet manners, online etiquette, and digital etiquette all rolled into one word. Basically, netiquette is a set of rules for behaving properly online.
- Students are to comply with the following rules of netiquette: (1) identify yourself, (2) include a subject line, (3) avoid sarcasm, (4) respect others' opinions and privacy, (5) acknowledge and return messages promptly, (6) copy with caution, (7) do not spam or junk mail, (8) be concise, (9) use appropriate language, (10) use appropriate emoticons (emotional icons) to help convey meaning, and (11) use appropriate intensifiers to help convey meaning [do not use ALL CAPS or multiple exclamation marks (!!!!)].
- Please review the General Catalog and Nursing Student Handbook for further information. The use of online communication to transmit any patient data is prohibited and may result in failure of the nursing program. In addition, professional behavior is not only what is done in clinical, but how your personal life is led; this can affect your ability to get or maintain a nursing license. Please consider this when posting pictures or actions on social media.

### Academic Honesty

Academic honesty in the advancement of knowledge requires that all students and instructors respect the integrity of one another's work and recognize the important of acknowledging and safeguarding intellectual property.

There are many different forms of academic dishonesty. The following kinds of honesty violations and their definitions are not meant to be exhaustive. Rather, they are intended to serve as examples of unacceptable academic conduct.

- **Plagiarism** is taking and presenting as one's own the writings or ideas of others, without citing the source. You should understand the concept of plagiarism and keep it in mind when taking exams and preparing written materials. If you do not understand how to "cite a source" correctly, you must ask for help.
- **Cheating** is defined as fraud, deceit, or dishonesty in an academic assignment, or using or attempting to use materials, or assisting others in using materials that are prohibited or inappropriate in the context of the academic assignment in question.

Anyone caught cheating or plagiarizing will receive a zero (0) on the exam or assignment, and the instructor may report the incident to the Campus Disciplinary Officer, who may place related documentation in a file. Repeated acts of cheating may result in an F in the course and/or disciplinary action. Please refer to the [General Catalog](#) for more information on academic dishonesty or other misconduct. Acts of cheating include, but are not limited to, the following: (a) plagiarism; (b) copying or attempting to copy from others during an examination or on an assignment; (c) communicating test information with another person during an examination; (d) allowing others to do an assignment or portion of an assignment; (e) using a commercial term paper service.

Plagiarism and cheating policies noted in the student handbook and IVC policies will be strictly enforced. Students are expected to develop original work for this course. It is recommended that students visit the college library to become acquainted with research tools available.

#### **Additional Student Services**

Imperial Valley College offers various services in support of student success. The following are some of the services available for students. Please speak to your instructor about additional services which may be available.

- **Blackboard Support Site.** The Blackboard Support Site provides a variety of support channels available to students 24 hours per day.
- **Learning Services.** There are several learning labs on campus to assist students through the use of computers and tutors. Please consult your [Campus Map](#) for the [Math Lab](#); [Reading, Writing & Language Labs](#); and the [Study Skills Center](#).
- **Library Services.** There is more to our library than just books. You have access to tutors in the [Study Skills Center](#), study rooms for small groups, and online access to a wealth of resources.
- **Nursing Learning Center:** Please utilize the nursing learning center tutors for assistance with nursing related studies. It is expected that you will practice skills in the learning center prior to any skills related exam or simulation.

#### **Disabled Student Programs and Services (DSPS)**

Any student with a documented disability who may need educational accommodations should notify the instructor or the [Disabled Student Programs and Services](#) (DSP&S) office as soon as possible. The DSP&S office is located in Building 2100, telephone 760-355-6313. Please contact them if you feel you need to be evaluated for educational accommodations.

#### **Student Counseling and Health Services**

Students have counseling and health services available, provided by the pre-paid Student Health Fee.

- **Student Health Center.** A Student Health Nurse is available on campus. In addition, Pioneers Memorial Healthcare District and El Centro Regional Center provide basic health services for students, such as first aid and care for minor illnesses. Contact the IVC [Student Health Center](#) at 760-355-6310 in Room 2109 for more information.
- **Mental Health Counseling Services.** Short-term individual, couples, family, and group therapy are provided to currently enrolled students. Contact the IVC [Mental Health Counseling Services](#) at 760-355-6196 in Room 2109 for more information.

#### **Student Rights and Responsibilities**

Students have the right to experience a positive learning environment and to due process of law. For more information regarding student rights and responsibilities, please refer to the IVC [General Catalog](#).

During all classroom and clinical instruction time, every person will be respected within the group and it is expected that all interactions between students, faculty, and other staff will take place professionally and courteously. It is expected that students will come prepared for class by completing reading assignments and skills practice on their own time.

### Information Literacy

Imperial Valley College is dedicated to helping students skillfully discover, evaluate, and use information from all sources. The IVC [Library Department](#) provides numerous [Information Literacy Tutorials](#) to assist students in this endeavor.

### Anticipated Class Schedule/Calendar

DATE	DAY	TIME	DESCRIPTION	INSTR	ASSIGNMENT	ROOM
4/19	Tue	0800-1050	Intro to Mat-NB Health Care  Alterations in Reproduction and Childbearing Preparation	Webster	Olds: Ch 1-3, 9: Basis for group discussions today  <b>Watch prior to Thur 4/20</b> Assessment of the Family CDs x 3- in NLC  Olds: Ch. 12. Review content in Ch10-11 Lehne: Ch 9, 63	2150
4/20	Wed	0800-0845  0900-1050	Calculation Quiz- 25 questions. No Calculators  Antepartum Care	Webster	Olds: Ch 13-18	2150
4/21 4/22	Thur Fri	0645-1315	Clinical rotation: Physical Assessment Skills: Newborn, Postpartum, Pregnancy  Hospital Orientation	Webster Castro	Assessment of the Family CDs x 3 due by 4/20. Olds: Ch. 15, 30, 35 Berman: Ch 3  See Clinical Guide	PMHD ECRMC
4/26	Tue	0800-1050	Finish Antepartum Care Alterations in Prenatal Health	Webster	Olds: Ch 13-18 Olds: Ch 19-21	2150
4/27	Wed	0800-1050	Alterations in Prenatal Health	Webster	Olds: Ch 19-21	2150
4/28 4/29	Thur Fri	0645-1315	Clinical rotation	Webster Castro	See Clinical Guide	PMHD ECRMC
5/3	Tue	0800-1050	Intrapartum Care	Webster	Olds: Ch 22-25, 28 Lenhe: Ch 64	2150
5/4	Wed	0800-0915 0930-1050	<b>Exam #1</b>  Finish Intrapartum Care  Alterations in Intrapartum Health	Webster	<b>Exam 1:</b> Ch 12-21  Olds: Ch 22-25, 28 Lenhe: Ch 64  Olds: Ch 26-27 Berman: Review Ch 33	2150
5/5 5/6	Thur Fri	0645-1345	Clinical rotation	Webster Castro	See Clinical Guide	PMHD ECRMC

5/10	Tue	0800-1050	Alterations in Intrapartum Health	Webster	Olds: Ch 26-27 Berman: Review Ch 33	2150
5/11	Wed	0800-0915 0930-1050	<b>Exam #2</b>  Postpartum Care	Webster	<b>Exam 2</b> : Ch 22-28  Olds : Ch 35-37 Berman : pp. 743-744	2150
5/12 5/13	Thur Fri	0645-1315	Clinical rotation	Webster Castro	See Clinical Guide	PMHD ECRMC
5/17	Tue	0800-1050	Postpartum Care  Alterations in Postpartum Health	Webster	Olds : Ch. 35-37 Berman : pp. 743-744  Ch. 39	2150
5/18	Wed	0800-1050	Alterations in Postpartum Health	Webster	Ch. 39	2150
5/19 5/20	Thur Fri	0645-1315	Clinical rotation	Webster Castro	See Clinical Guide	PMHD ECRMC
5/24	Tue	0800-1050	Newborn Care	Webster	Olds: Ch. 29-32, pp. 889-898, 900-918	2150
5/25	Wed	0800-1050	Alterations in Newborn Health	Webster	Olds: pp. 898-900, 912-937, Ch 34	2150
5/26 5/27	Thu Fri	0645-1315	Clinical rotation  <b>ATI Testing: TBA</b>  Clinical simulation: Postpartum Hemorrhage	Webster Castro	See Clinical Guide  ATI Book : Maternal-Newborn  Written assignment, Review Olds pp. 1114-1124 Berman : IV skills review	PMHD ECRMC  NLC Lab ¾
5/31	Tue	0800-0915 0930-1050	<b>Exam #3</b>  Alterations in Newborn Health	Webster	<b>Exam 3</b> : Ch 29-37, 39  Olds: pp. 898-900, 912-937, Ch 34	2150
6/1	Wed	0800-1050	Reproductive Health Care	Webster	Olds: Ch. 4-6, pp. 124-133, pp. 278-281 Lenhe: Ch 61-62, 95	2150
6/2 6/3	Thur Fri	0645-1315	Clinical rotation EBP Projects	Webster Castro	See Clinical Guide	PMHD ECRMC
6/7	Tue	0800-1050	<b>Reproductive Health</b>	Webster	Olds: Ch. 4-6, pp. 124-133, pp. 278-281 Lenhe: Ch 61-62, 95 Olds: Ch. 4-6, pp. 124-133, pp.	2150

6/8	Wed	0800-1050	<b>Final Exam (0800-1050)</b>	Webster	278-281 Lenhe: Ch 61-62, 95  <b>Comprehensive Final</b>	2150
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**Berman**=Berman & Snyder, Skills in Clinical Nursing, 7<sup>th</sup> ed.

**Olds**=Olds, London, Ladewig, & Davidson. Maternal-Newborn Nursing & Women's Health Care, 9<sup>th</sup> ed.

**Lenhe**=Pharmacology for Nursing Care, 8<sup>th</sup> ed.

(1/25/14)