

### Basic Course Information

Semester:	<b>Winter 2016</b>	Instructor Name:	<b>Rebecca Agundez RN BSN Pam Hansink BSN RN</b>
Course Title & #:	<b>Nurs 80 Introduction to Nursing</b>	Email:	<b>Rebecca.agundez@imperial.edu pam.hansink@imperial.edu</b>
CRN #:	<b>15001</b>	Webpage (optional):	
Classroom:	<b>2137</b>	Office #:	<b>2158</b>
Class Dates:	<b>01/05/2016 - 02/03/2016</b>	Office Hours:	<b>Thursdays 9 am - 1 pm</b>
Class Days:	<b>Tuesday and Wednesday</b>	Office Phone #:	<b>760-355-6530</b>
Class Times:	0800-1230	Emergency Contact:	<b>Laura Hartsock 355-6348</b>
Units:	1.5		

### Course Description

This course is designed to provide the pre-nursing student with an introduction to the study of nursing. The student will participate in ten-4.5 hour sessions to explore and become familiar with the expectations and realities of being a nursing student. Utilizing a variety of topics, activities, examinations and general information, it is designed to assist the student to develop strategies to be successful in the nursing program. The philosophy of the nursing program and role of the student in developing accountability, integrity and meeting the standards of academic and clinical conduct are discussed.

### Student Learning Outcomes

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to: Identify strategies for personal and academic success in the Nursing Program, as demonstrated by being able to write a 4 page paper in APA format on this topic.  
ILO3: Personal Responsibility

### Course Objectives

Upon satisfactory completion of the course, students will be able to:

1. Identify factors which promote and inhibit success in the nursing program. State changes needed in personal life and activities designed to meet the challenges to be successful in the nursing program, including time management and study skills.
2. Begin developing critical thinking and problem-solving skills. Define "Critical Thinking" in nursing practice.
3. Achieve 75% or better on Math Examinations, complete tests within appropriate time frames.
4. Attend Information Literacy Skills workshop and write a 4 page paper in APA format.
5. Receive information on good financial management.
6. Receive information on available scholarships for nursing and complete Essay for one scholarship.

7. Review Medical Terminology.
8. Be familiar with student handbook.
9. Receive information on graduation requirements.
10. Be familiar with National Patient Safety Goals and Quality and Safety Education for Nurses.
11. Demonstrate basic nursing skills: infection control, hand washing, vital signs, intake and output, patient safety, bed making, bathing, positioning patient in bed, transferring patient and proper body mechanics.

### **Textbooks & Other Resources or Links**

#### **Required Purchase:**

Custom Package with class materials for Nursing 80 from IVC Bookstore.

#### **Textbooks for Reference:**

- American Psychological Association (2010). Publication Manual of the American Psychological Association (6th /e). Lippincott, Williams & Wilkins. ISBN: 1433805618Ann Ehrlich (2012).
- Medical Terminology for Health Professions-With Cd and Flashcards (7th/e). Delmar Publications. ISBN: 1111543275
- Nancy Olrech (2011). Student Success for Health Professionals Made Incredibly Easy (2nd /e). Lippincott, Williams, & Wilkins. ISBN: 1609137841
- Patricia Mary Nugent (2011). Fundamentals Success - With CD: course review applying critical thinking to test-taking (3rd /e). F. A. Davis . ISBN: 9780803627796
- Patricia Mary Nugent (2011). Test Success : Test-Taking Techniques for Beginning Nursing Students - With Cd (6th/e). F. A. Davis . ISBN: 9780803628182
- Donald Venes (2009). Taber's Cyclopedic Medical Dictionary Index - With DVD (21st/e). F. A. Davis. ISBN:0803615590

### **Course Requirements and Instructional Methods**

Audio Visual

Computer Assisted Instruction

Demonstration

Discussion

Lecture

#### **Assignments:**

Medication Math practice sheets

Medical Terminology practice sheets

Essay written in APA format

Return demonstration of basic skills

Out of Class Assignments: The Department of Education policy states that one (1) credit hour is the amount of student work that reasonably approximates not less than one hour of class time and two (2) hours of out-of-class time per week over the span of a semester. WASC has adopted a similar requirement.

### **Course Grading Based on Course Objectives**

Grading will be a Pass/ No Pass

## Attendance

- A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of that class. Should readmission be desired, the student's status will be the same as that of any other student who desires to add a class. It is the student's responsibility to drop or officially withdraw from the class. See [General Catalog](#) for details.
- Regular attendance in all classes is expected of all students. A student whose continuous, unexcused absences exceed the number of hours the class is scheduled to meet per week may be dropped. For online courses, students who fail to complete required activities for two consecutive weeks may be considered to have excessive absences and may be dropped.
- Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as 'excused' absences.

## Classroom Etiquette

- Electronic Devices: Cell phones and electronic devices must be turned off and put away during class, unless otherwise directed by the instructor.
- Food and Drink are prohibited in all classrooms. Water bottles with lids/caps are the only exception. Additional restrictions will apply in labs. Please comply as directed by the instructor.
- Disruptive Students: Students who disrupt or interfere with a class may be sent out of the room and told to meet with the Campus Disciplinary Officer before returning to continue with coursework. Disciplinary procedures will be followed as outlined in the [General Catalog](#).
- Children in the classroom: Due to college rules and state laws, no one who is not enrolled in the class may attend, including children.

## Academic Honesty

Academic honesty in the advancement of knowledge requires that all students and instructors respect the integrity of one another's work and recognize the important of acknowledging and safeguarding intellectual property.

There are many different forms of academic dishonesty. The following kinds of honesty violations and their definitions are not meant to be exhaustive. Rather, they are intended to serve as examples of unacceptable academic conduct.

- Plagiarism is taking and presenting as one's own the writings or ideas of others, without citing the source. You should understand the concept of plagiarism and keep it in mind when taking exams and preparing written materials. If you do not understand how to "cite a source" correctly, you must ask for help.
- Cheating is defined as fraud, deceit, or dishonesty in an academic assignment, or using or attempting to use materials, or assisting others in using materials that are prohibited or inappropriate in the context of the academic assignment in question.

Anyone caught cheating or plagiarizing will receive a zero (0) on the exam or assignment, and the instructor may report the incident to the Campus Disciplinary Officer, who may place related documentation in a file. Repeated acts of cheating may result in an F in the course and/or disciplinary

action. Please refer to the [General Catalog](#) for more information on academic dishonesty or other misconduct. Acts of cheating include, but are not limited to, the following: (a) plagiarism; (b) copying or attempting to copy from others during an examination or on an assignment; (c) communicating test information with another person during an examination; (d) allowing others to do an assignment or portion of an assignment; (e) using a commercial term paper service.

### **Additional Student Services**

Imperial Valley College offers various services in support of student success. The following are some of the services available for students. Please speak to your instructor about additional services which may be available.

- [Blackboard Support Site](#). The Blackboard Support Site provides a variety of support channels available to students 24 hours per day.
- [Learning Services](#). There are several learning labs on campus to assist students through the use of computers and tutors. Please consult your [Campus Map](#) for the [Math Lab](#); [Reading, Writing & Language Labs](#); and the [Study Skills Center](#).
- [Library Services](#). There is more to our library than just books. You have access to tutors in the [Study Skills Center](#), study rooms for small groups, and online access to a wealth of resources.

### **Disabled Student Programs and Services (DSPS)**

Any student with a documented disability who may need educational accommodations should notify the instructor or the [Disabled Student Programs and Services](#) (DSP&S) office as soon as possible. The DSP&S office is located in Building 2100, telephone 760-355-6313. Please contact them if you feel you need to be evaluated for educational accommodations.

### **Student Counseling and Health Services**

Students have counseling and health services available, provided by the pre-paid Student Health Fee.

- [Student Health Center](#). A Student Health Nurse is available on campus. In addition, Pioneers Memorial Healthcare District and El Centro Regional Center provide basic health services for students, such as first aid and care for minor illnesses. Contact the IVC [Student Health Center](#) at 760-355-6310 in Room 2109 for more information.
- [Mental Health Counseling Services](#). Short-term individual, couples, family, and group therapy are provided to currently enrolled students. Contact the IVC [Mental Health Counseling Services](#) at 760-355-6196 in Room 2109 for more information.

### **Student Rights and Responsibilities**

Students have the right to experience a positive learning environment and to due process of law. For more information regarding student rights and responsibilities, please refer to the IVC [General Catalog](#).

### **Information Literacy**

Imperial Valley College is dedicated to helping students skillfully discover, evaluate, and use information from all sources. The IVC [Library Department](#) provides numerous [Information Literacy Tutorials](#) to assist students in this endeavor.

## Anticipated Class Schedule/Calendar

**Daily Schedule:** (Subject to change at Instructor's discretion)

**Class 1:** **January 5** Room 2137

- Orientation to Nursing program, clearances, uniforms, student physicals
- Introduce student handbook, philosophy of the nursing program
- HIPAA, how to keep social media from ruining your career
- Professionalism in Healthcare DVD #1 and discussion
- Complete demographic and stress score pages
- Tour of skills labs and classrooms, Student Pictures

Lecture: 3.5 hours

Lab: 1 hour

**Class 2:** **January 6** Computer Lab: ATI Critical thinking entrance exam

- Room 2137 Med Math Review
- Financial Aid presentation (reducing stress by financial planning)
- Family preparation for the nursing program activity, Breaking Barriers DVD
- Skills Lab: Motivational Poster / Red Bags
- Infection Control Presentation and Video, Hand washing/ mask, gown, glove exercise
- Different types of Isolation

Lecture: 2 hours

Lab: 2.5 hours

**Class 3:** **January 12** Room 2137

- Are you + you're not - ? Exercise
- Brain Rules for "Deep Learning"
- Suggestions to avoid procrastination, time management (planner), complete "how well do you manage your time?" assessment (reducing stress by getting organized)
- Services in the Nursing Learning Center (Nursing 81), Intro to textbooks, ATI Nurse-in-a-box
- Scholarships available for nursing students, assign one essay for next class
- Medical Terminology Review (Jeopardy)

Lecture: 3.5 hours / Lab: 1 hour

**Class 4:** **January 13** Room 2137

- Therapeutic Communication with patients, their families, coworkers and physicians (SBAR), "Just a routine operation" video
- Graduation Requirements
- Medication math review
- Skills Lab: Safe Transfers, Body Mechanics- Taylor's streaming video Module 10
- Fall risk assessment (Morse scale), skin assessment (Braden scale)

Lecture: 1.8 hours

Lab: 2.7 hours

**Class 5:** **January 19** Room 2137

- Watch Ethics DVD pt. 1, discussion and post-test (Group work: key words for legal/ethical issues)
- Medication Math review
- Patient Safety, IOM reports, National Patient Safety Goals, speak up videos
- Skills lab: Positioning patient in bed – Lippincott's video for CNA's Module 3

Lecture: 2.2 hours

Lab: 2.3 hours

**Class 6: January 20 Room 2137**

- Dennis Quaid Video, Legal Eagle Eye Articles, discuss medication safety
- IOM Reports, Project Zero
- Medication math review – Reconstituting
- **Skills Lab: Vital Signs: T, P, BP and R** –Taylor’s streaming video Module 1

Lecture 1 hour

Lab: 3.5 hours

**Class 7: January 26 Room 2137**

- Professionalism in Healthcare DVD #2 and discussion
  - Intro to APA format in Library
  - Assignment (turn in next class): Pre-write for next week’s paper (2 pages, 12 pt. New Times Roman):
1. Factors which promote or inhibit student success in the nursing program (examples of changes needed in personal life and activities/resources available to help you be successful in the nursing program)
  2. What research shows to be effective strategies for student success in nursing programs
    - Make sure you have a title, introductory paragraph, several paragraphs to develop argument, and a concluding paragraph.
    - Medication math review
    - **Skills Lab: Review Vital Signs: T, P, BP and R and Vital Signs quiz**

Lecture: 1 hour

Lab: 3.5 hours

**Class 8: January 27 Room 2139**

- FAMILY DAY! Students are able to bring 1 family member to class 8 am – 12:30 pm
- Continuing education options for RN’s, watch PBS Report “Nurses Needed” and discussion
- **Skills Lab: Bed making (occupied, unoccupied and surgical bed)and hygiene (bed bath and oral care)** - DVD/ Practice – Taylor’s streaming video Module 8
- Simulation in Lab 3 (students and family in room 2150)

Lecture: 1 hour

Lab: 3.5 hours

**Class 9: February 2 Room 2137**

- Introduction to QSEN, Failure to act, failure to rescue, Sue Sheridan video as an example of communication errors.
- Assignment (turn in next class): Turn in Re-write of 4 page paper in APA format
- Medication math review
- Watch Ethics DVD part 2, discussion and post-test – Quiz on Nursing Ethics and Stress adaptation
- **Skills Lab: Intake and Output record** - Lippincott’s Module 10- Measuring Urinary Output

Lecture 1 hour

Lab: 3.5 hours

**Class 10: February 3 Room 2139**

- Medication math exam (25 questions)
- Roundtable with current nursing students/ Brunch
- Instructor Expectations

Lecture 1 hour

Lab: 3.5 hours