



# IMPERIAL VALLEY COLLEGE

## EXERCISE SCIENCE, WELLNESS & SPORTS

---

---

Semester: Fall August 18, 2014 to December 13, 2015 - 05:55 to 08:00am – MTWRF - GYM

ATHL 130 1: CRN 10865 INTERCOLLEGIATE Wmn's BASKETBALL, & PE1 - Units: 2

Instructor: Donnye D. Ross Phone: 760-355-6165 E-MAIL: [don.ross@imperial.edu](mailto:don.ross@imperial.edu)

### **I. Course Description:**

This course is designed for those students of advanced ability in basketball skills who have an interest in playing competitive basketball at the college level. Instruction will cover the development of fundamental offensive and defensive skills with an emphasis on advanced techniques, strategies, physical training, and team preparation.

### **II. Student Learning Outcomes:**

1. Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:
2. 1. Perform, with an increasing degree of proficiency, the skills, techniques, and strategies of competitive intercollegiate basketball. (ILO1, ILO3)
3. 2. Improve cardiovascular and muscular fitness. (ILO1, ILO3)

### **III. Course Objectives:**

Upon satisfactory completion of the course, students will be able to:

1. Demonstrate the necessary skills to participate on a competitive level.
2. Analyze the necessary concepts to implement team offense.
3. Recognize the necessary concepts to implement team defense.
4. Analyze techniques and strategies to maximize competitive fitness.
5. Successfully implement interpersonal skills necessary in team cohesion.

### **IV. Textbooks & Other Resources or Links**

1. Shorts and T-shirt
2. Socks & Basketball Shoes

### **V. Course Requirements and Instructional Methods**

Group Activity

Individual Assistance

Lab Activity

Audio Visual

Demonstration

Two (2) hours of independent work done out of class per each hour of lecture or class work, or 3 hours lab, practicum, or the equivalent per unit is expected.

## VI. Course Grading Based on Course Objectives

A. The final grade will be based on total points accumulated as follows:

- |                        |                    |
|------------------------|--------------------|
| 1. Participation       | = 80 points        |
| 2. Class Activity      | = 10 points        |
| 3. Skill Demonstration | <u>= 10 points</u> |
|                        | 100 points         |

B. Grading Scale

100 - 90%	= A
89 - 80%	= B
79 - 70%	= C
69 - 60%	= D

## VII. Attendance :

- A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of that class. Should readmission be desired, the student's status will be the same as that of any other student who desires to add a class. It is the student's responsibility to drop or officially withdraw from the class. See General Catalog for details.
- Regular attendance in all classes is expected of all students. A student whose continuous, unexcused absences exceed the number of hours the class is scheduled to meet per week may be dropped. For online courses, students who fail to complete required activities for two consecutive weeks may be considered to have excessive absences and may be dropped.
- Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as 'excused' absences.

Any student with a documented disability who may need educational accommodations should notify the instructor or the Disabled Student Programs and Services (DSP&S) office as soon as possible: DSP&S, Room 2117, Health Sciences Building (760) 355-6312.

## VIII Classroom Etiquette

- Electronic Devices: Cell phones and electronic devices must be turned off and put away during class, unless otherwise directed by the instructor. Consider: specifics for your class/program
- Food and Drink are prohibited in all classrooms. Water bottles with lids/caps are the only exception. Additional restrictions will apply in labs. Please comply as directed.
- Disruptive Students: Students who disrupt or interfere with a class may be sent out of the room and told to meet with the Campus Disciplinary Officer before returning to continue with coursework. Disciplinary procedures will be followed as outlined in the General Catalog.
- Children in the classroom: Due to college rules and state laws, no one who is not enrolled in the class may attend, including children.