# Course Syllabus

### **ADS 101**

#### **CRN 20553**

# ALCOHOLISM: INTERVENTION, TREATMENT, AND RECOVERY Spring 2014

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**Instructor:** Aruna Patel

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Office 302 by Appoint only

Phone 760 355-6975

Course Number: Alcohol and Drug Studies 101, 3 units

Course Time: 6:30pm-9:40pm, Wednesday (January 22th – May 14th 2014)

Course Location: Room 402

# **Required Text:**

1. Intervention, Treatment & Recovery- A Practical Guide to the Tap 21 Addiction Counseling Competencies.

By: Lori L. Phelps CAADE

2. Chemical Dependence by Vernon Johnson's Complete Guide for Families

# Reading References:

- 3. Addiction Counseling Competencies
  The Knowledge, Skills, and Attitudes of Professional Practice. TAP 21(Technical Assistance Publication Series SAMHSA (www.samhsa.gov)
- 4. Big book of Alcoholic Anonymous first 164 pages (A must for book report)

  Reference for further reading:
- 5. From Chocolate to Morphine Everything you need to know about mind altering drug

By: Andrew Weil, M.D. & Winifred Rosen.

#### **Course Description:**

This course examines the pathology and pervasiveness of the disease of alcoholism and will include in-depth exploration into the associated topics of intervention, treatment, and lasting recovery.

This course will serve as an introduction to assessment and treatment approaches to alcoholism and drug abuse.

Alcoholism will be studied in its social and clinical context. Attention will be given to the basic theoretical approaches to the disease. This course will examine the various components of intervention, treatment, recovery, and resources. (CSU)

## **Course Objectives:**

Students will be able to:

- 1. Describe attitudes and behavior surrounding the use of alcohol and psychoactive drugs.
- 2. Demonstrate a working knowledge of the impact of alcoholism/drug abuse in various segments of society.
- 3. Define his/her own attitudes about the alcoholic/addict.
- 4. Demonstrate understanding of the major treatment models.
- 5. Demonstrate understanding of screening and assessment of the alcoholic /addict.
- 6. Demonstrate a working knowledge of local groups and organizations offering treatment services.
- 7. Demonstrate an intervention in a family or work station.
- 8. Demonstrate Counseling skills for individuals, group and family.
- 9. Demonstrate Professional And Ethical Responsibilities.

## **Student's Learning Outcome:**

Students should be able to develop and facilitate alcoholic intervention using information and assessment skills, choosing an intervention team, and conducting a mock intervention.

Addiction Counseling Competencies in Screening, Assessment and recognizing cultural issues when choosing treatment programs.

Knowledge of different treatment models for addiction.

Acquire in-depth knowledge of the importance of support system and spirituality in recovery.

#### **Grading Criteria:**

\*\*ADS 101 must be taken on a "letter grade" basis only. The breakdown of this course is on a grade point scale:

A	270 – 300 points
В	240 – 269 points
C	210 – 239 points
D	180 – 209 points
F	0 – 179 points

No makeup tests in this class.

No late assignments accepted for grade points.

## Extra credit earned in class group activities up to 20 points

Assignment	Total Required	Point Value	<b>Total Points</b>	% toward total grade
Exam (tests)	2	50	100	33.34%
Written Assignment Big Book AA Book Report	1	10	10	3.33%
Intervention Presentation	1	20	20	6.67%
Attend AA/NA/Al/Anon Meetings	1	10	10	3.33%
Semester Project	1	50	50	16.67%
Attendance	1	10	10	3.33%
Finals	1	100	100	33.33%

## **Attendance:**

Students are expected to attend each class lecture as scheduled and remain present for the duration of the classroom session. Attendance is crucial and highly recommended, as it counts for 3.33% toward your final grade. Any student who misses the first day of class will be dropped. Students missing more than 3 hours' worth of class may be dropped or student missing more than a week of class hours continuously will be dropped too. Any student arriving late more than 3 times will be marked with one absence. Three absences are grounds for dropping form the rest of the semester.

#### STUDENT ABSENCES

"Instructors are required to clear their rosters of inactive enrollment as of census. Inactive enrollment in a course is defined as the following:

As of each census day, any student who has

(1) Been identified as a no show, defined as a student who fails to attend the first class meeting. For online classes, it is a student who fails to complete the initial required activity,

OR

(2) Been dropped for excessive absences, defined as a student whose continuous, unexcused absences exceed the number of hours the class is scheduled to meet per week. An instructor may drop a student after census and up until the final drop deadline (75% of the course) if the student has excessive absences and is no longer participating in the class as long as said procedures are specifically noted in the class syllabus. However there is no responsibility on the part of the instructor to do so.

Generally, students can be judged to be "not participating" in the class if they are absent continuously for more hours than the class meets weekly. Thus, if a student misses a week of class plus one more session, they can be dropped."

Allowances of absence may be made by the instructor on a "case-by-case" basis for special circumstances (i.e.: medical necessity, family/personal tragedy) provided the intent of the IVC attendance policies and the objectives of this course are adhered to. Should a student be absent from class, proper notification to the instructor need be made via email. Instructor must be contacted prior to missing an exam except in a documented emergency situation. There is no make-up test for this class.

It is the responsibility of the individual student to obtain class materials, handouts, and/or notes given during their absence.

It is the responsibility of the individual student to complete and submit the required administrative forms for withdrawing from this course.

#### **Classroom Disturbances:**

Please turn off cell phones, pagers and iPods before coming to lecture. Students who do not comply will be asked to leave the room for the day. Students who leave the classroom for a long period of time or go in and out for no reason will lose 5 grade points each time. Students will not be allowed to use their cell phones during group activities AND when educational videos are shown in class.

**This classroom is a GADGET FREE ZONE.** If you know you are going to be late, please give prior notice to the instructor.

No food or eating allowed during class time, group work, only bottled water or drink containers with a lid on allowed during lecture time.

# **Disruptive students:**

Most of the students who are enrolled in this class are here to learn however some of the students are not so serious. To preserver a productive and positive learning environment, the students who to disrupt or interfere with a class activities will be sent out of the room for that class period, will also be told to meet with Mr. Sergio Lopez, Campus Disciplinary officer if the disruption continues. Mr. Lopez will follow the disciplinary procedures as outlined in the General Catalog before returning to continue with the coursework.

#### **DSP&S Statement:**

Any student with a documented disability who may need educational accommodation should notify the instructor or the Disabled Student Program Services (DSP&S) office at the Mel Wendrick Access Center as soon as possible.

Mel Wendrick Access Center DSP&S Room 2117 Health Sciences Building (760) 355-6312

# **Cheating Policy:**

Students caught cheating or attempting to cheat on quizzes or exams will be given a zero for that exam or quiz. The student may also be referred to the Associate Dean for Student Affairs for possible further discipline. Cheating includes but is not limited to looking at another student's papers, speaking out answers or questions, the use of open books or notes, use of cell phones, finger spelling in sign language or by notes written on the skin. Baseball caps may not be worn during quizzes or tests. Do not use iPods or such music-providing devices during lecture or tests.

No one is allowed to leave the room during tests.

Plagiarism will not be tolerated.

DS 101: Alcoholism: Intervention, Treatment, and Recovery: Tentative Course Schedule

Date	Topic
1/22/14	Introduction to class
	Course Description and Syllabus Review (Group Activity)
1/29/14	Chapter 1. Addiction Counseling Competencies Tap 21.
2/05/14	Chapter 2. Transdisciplinary Foundation 1 Understanding the Disease Concept of Alcohol and Drugs.
2/12/14	<b>Chapter 3.</b> Transdisciplinary Foundation II Treatment Knowledge. Conceptual Models and their Implications for Intervention.
2/19/14	Chapter 4. Transdisciplinary Foundation III. Application to Practice. Chemical dependency in Women/Adolescents/Elderly
	Fetal Alcohol Syndrome (FAS)
2/26/14	Chapter 5. Transdisciplinary Foundation IV. Professional Readiness, Written Assignment due "Alcoholics Anonymous" book Report.
	Intervention readiness.
3/05/14	Exam #1, Intervention plus group work assigned.
3/12/14	Intervention practical group work
3/19/14	Chapter 6. Practice Dimension 1- Clinical Evaluation Screening & Assessment
	12 Steps AA/NA AL- anon meetings report due.
3/26/14	<b>Chapter 7</b> . Practice Dimension II- Treatment Planning Treatment Knowledge/ Treatment Facilities.
4/2/14	Chapter 8 Practice Dimension III Referral,
	Chapter 9 Practice Dimension IV Service Coordination
4/09/14	Exam#2
4/16/14	Chapter 10, Chapter 11 & Chapter 12 Practice Dimension V Counseling Individual, Group and family counseling.

4/23/14	Chapter 13 Practice Dimension VI Client, Family, and Community Education,
	Chemical Dependence Affects Families
	Chapter 14. Practice Dimension VII Documentation
4/30/14	Chapter 15. Practice Dimension VIII Professional and Ethical Responsibilities
5/07/14	Review and semester Presentation
5/14/14	Finals

This Instructor reserves the right to make announced modification to this course outline.

This may change in case of Emergency.