

### Basic Course Information

Semester	<b>Spring, 2014</b>	Instructor Name	<b>Krista L. Byrd</b>
Course Title & #	<b>Psychology of Human Sexuality – PSY 146</b>	Email	<a href="mailto:krista.byrd@imperial.edu">krista.byrd@imperial.edu</a>
CRN #	<b>20461</b>	Webpage (optional)	
Room	<b>204</b>	Office	<b>807B</b>
Class Dates	<b>01/21/14-05/15/14</b>	Office Hours	<b>Monday – 10:30-11:30 a.m. Tuesday - 3:00-3:30 p.m. Wednesday – 10:30-11:30 a.m. &amp; 4:30-5:30 p.m. Thursday – 3:00-3:30 p.m.</b>
Class Days	<b>Tuesday &amp; Thursday</b>	Office Phone #	<b>(760) 355-6335</b>
Class Times	<b>10:15-11:40 a.m.</b>	Office contact if student will be out or emergency	<b>(760) 355-6144</b>
Units	<b>3.00</b>		

### Course Description

This course is an introductory overview of the field of human sexuality. Human sexuality will be examined from psychological, biological, sociocultural, and historical perspectives. Students will be encouraged to become aware of their own sexual attitudes, values, and behaviors and to evaluate the consistency of their behaviors within their own moral frameworks. Current sex norms and various aspects of interpersonal and individual sexual adjustment will be explored. (CSU,UC)

### Student Learning Outcomes

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

1. Identify the critical elements that determine sexual intelligence (ILO1, ILO2, ILO3)
2. Identify and demonstrate understanding of the major sexual structures for both male and female anatomy. (ILO1, ILO2, ILO3)
3. Identify and demonstrate understanding of the most current forms of birth control and sexually transmitted infections. (ILO1, ILO2, ILO3, ILO4, ILO5)

### Course Objectives

Upon satisfactory completion of the course, students will be able to:

1. Explain sexual diversity and values of various cultures.
2. Evaluate how media influences and reflects sexuality .
3. Locate systematic studies of human sexuality.
4. Critique changing gender roles in today's society and the impact of these changes in intimate relationships.
5. Identify relevant features of human anatomy and physiology in the reproductive processes and the role of the brain and neurotransmitters in sexual arousal.
6. Identify factors contributing to relationship satisfaction over time.
7. Identify ways couples can share responsibility for birth control.
8. Determine physiological and psychosocial factors contributing to sexual dysfunctions and identify treatment alternatives available for men and women who experience sexual difficulties.

- 9. Identify strategies to reduce the likelihood of contracting a sexually transmitted infections.
- 10. Analyze psychosocial bases of rape, childhood sexual abuse, and prostitution.

**Textbooks & Other Resources or Links**

Cooks, R. & Baur, K. (2014). *Our Sexuality* (12th/e). Wadsworth. ISBN: 9781133943419

**Course Requirements and Instructional Methods**

This course will consist of a combination of lectures, class discussion, assigned readings, videos, individual projects and performance on quizzes and exams.

**Thought Papers.** There will be three (3) thought papers due at various times during the semester. These are essays of 1-2 pages, which will be based on the readings and class material. **Late papers will not be accepted and I DO NOT accept thought papers by e-mail.** Thought papers should address the following: A provocative or interesting idea regarding human sexuality from the text, class discussion, an article from the internet or magazine, and/or a television program, from your point of view. Don't provide a review of the reading/program, but your own thoughts. The main focus of thought papers is for you to **learn** to think critically about human sexuality. The intention of the assignment is to get some ideas down about the readings and then begin exploring your ideas. You do not have to write what you think I would agree with or what is necessarily true, you just need to justify your ideas and statements with explanations.

**Quizzes.** Six (6) quizzes will be given during the semester. I will take the five (5) quizzes with the highest scores to determine your points. Since I will be throwing out the one lowest score for quizzes, **no late quizzes will be accepted.** Each quiz will be worth 10 points. Quizzes are on Blackboard.

**Assignments.** There will be approximately five (5) individual out of class assignments given, each worth 10 points. More information about these assignments will be given at a later date.

**Exams.** Four (4) exams will be given. Exams will consist of multiple choice, fill in the blank, short answer and essay questions from the textbook, lectures and videos. No make-up exams will be given unless you have called me **PRIOR** to the exam and let me know you will not be able to take the exam. If you contact me prior to the exam, you will have one week to make-up the exam. Each exam will be worth 100 points. **Please bring a #2 pencil and a scantron to each examination.**

**Course Grading Based on Course Objectives**

**Grading System:**

90-100% = A	Exams	4@	100 pts.	400 pts.
80-89% = B	Quizzes	5@	10 pts.	50 pts.
70-79% = C	Projects	3@	25 pts.	75 pts.
60-69% = D	Assignments	5@	10 pts.	50 pts.
0-59% = F	Participation		25 pts.	25 pts.

TOTAL: 600 pts.

### Attendance

- A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of that class. Should readmission be desired, the student's status will be the same as that of any other student who desires to add a class. It is the student's responsibility to drop or officially withdraw from the class. See General Catalog for details.
- Regular attendance in all classes is expected of all students. A student whose continuous, unexcused absences exceed the number of hours the class is scheduled to meet per week may be dropped. For online courses, students who fail to complete required activities for two consecutive weeks may be considered to have excessive absences and may be dropped.
- Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as 'excused' absences.

### Classroom Etiquette

- Electronic Devices: Cell phones must be turned off and put away during class unless otherwise directed by the instructor. Laptops or tablets will be allowed for note taking purposes only. **The instructor reserves the right to limit the use of technology in the classroom in the event the technology becomes disruptive to the class learning environment.**
- Food and Drink are prohibited in all classrooms. Water bottles with lids/caps are the only exception. Additional restrictions will apply in labs. Please comply as directed.
- Disruptive Students: Students who disrupt or interfere with a class may be sent out of the room and told to meet with the Campus Disciplinary Officer before returning to continue with coursework. Disciplinary procedures will be followed as outlined in the General Catalog.
- Children in the classroom: Due to college rules and state laws, no one who is not enrolled in the class may attend, including children.

### Academic Honesty

- Plagiarism is to take and present as one's own the writings or ideas of others, without citing the source. You should understand the concept of plagiarism and keep it in mind when taking exams and preparing written materials. If you do not understand how to correctly 'cite a source', you must ask for help.
- Cheating is defined as fraud, deceit, or dishonesty in an academic assignment or using or attempting to use materials, or assisting others in using materials, or assisting others in using materials, which are prohibited or inappropriate in the context of the academic assignment in question. Anyone caught cheating will receive a zero (0) on the exam or assignment and the instructor may report the incident to the Campus Disciplinary Officer, who may place related documentation in a file. Repeated acts of cheating may result in an F in the course and/or disciplinary action. Please refer to the General School Catalog for more information on academic dishonesty or other misconduct. Acts of cheating include, but are not limited to the following:
  - plagiarism
  - copying or attempting to copy from others during an examination or on an assignment;
  - communicating test information with another person during an examination;
  - allowing others to do an assignment or portion of an assignment
  - use of a commercial term paper service

### Additional Help

- Blackboard support center: <http://bbcrm.edusupportcenter.com/ics/support/default.asp?deptID=8543>
- Learning Labs: There are several ‘labs’ on campus to assist you through the use of computers, tutors, or a combination. Please consult your college map for the Math Lab, Reading & Writing Lab, and Learning Services (library). Please speak to the instructor about labs unique to your specific program
- Library Services: There is more to our library than just books. You have access to tutors in the learning center, study rooms for small groups, and online access to a wealth of resources.

### Disabled Student Programs and Services (DSPS)

Any student with a documented disability who may need educational accommodations should notify the instructor or the Disabled Student Programs and Services (DSP&S) office as soon as possible. The DSP&S office is located in Building 2100, telephone 760-355-6312 if you feel you need to be evaluated for educational accommodations.

### Student Counseling and Health Services

Students have counseling and health services available, provided by the pre-paid Student Health Fee. We now also have a fulltime mental health counselor. For information see <http://www.imperial.edu/students/student-health-center/>. The IVC Student Health Center is located in the Health Science building in Room 2109, telephone 760-355-6310.

### Student Rights and Responsibilities

Students have the right to experience a positive learning environment and due process. For further information regarding student rights and responsibilities please refer to the IVC General Catalog available online at [http://www.imperial.edu/index.php?option=com\\_docman&task=doc\\_download&gid=4516&Itemid=762](http://www.imperial.edu/index.php?option=com_docman&task=doc_download&gid=4516&Itemid=762)

### Information Literacy

Imperial Valley College is dedicated to help students skillfully discover, evaluate, and use information from all sources. Students can access tutorials at <http://www.imperial.edu/courses-and-programs/divisions/arts-and-letters/library-department/info-lit-tutorials/>

### Anticipated Class Schedule / Calendar

DATE	TOPIC	CHAPTER – DUE DATE
01/21/14	Introduction to Course	
01/23/14-01/28/14	Perspectives on Sexuality/Sex Research	Chapters 1 & 2
01/30/14-02/04/14	Female Sexual Anatomy	Chapter 3
02/06/14-02/11/14	Male Sexual Anatomy	Chapter 4
02/13/14-02/18/14	Gender Issues	Chapter 5
<b>02/20/14</b>	<b>EXAM #1</b>	<b>Chapters 1-5</b>

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<b>DATE</b>	<b>TOPIC</b>	<b>CHAPTER – DUE DATE</b>
02/25/14-02/27/14	Sexual Arousal & Response	Chapter 6 <b>Thought Paper #1 Due – 02/25/14</b>
03/04/14-03/06/14	Love & Communication in Intimate Relationships	Chapter 7
03/11/14	Sexual Behaviors	Chapter 8
03/13/14-03/18/14	Sexual Orientations	Chapter 9
<b>03/20/14</b>	<b>EXAM#2</b>	<b>Chapters 6-9</b>
03/25/14-03/27/14	Contraception	Chapter 10 <b>Thought Paper #2 Due – 03/27/14</b>
04/01/14	Conceiving Children	Chapter 11
04/03/14	Sexuality over the Lifespan	Chapter 12
04/08/14-04/10/14	Sexually Transmitted Infections	Chapter 15
<b>04/15/14</b>	<b>EXAM#3</b>	<b>Chapters 10-12 &amp; 15</b>
04/17/14	Sexual Difficulties	Chapter 14
<b>04/21/14-04/25/14</b>	<b>SPRING BREAK – NO CLASS – HAVE FUN</b>	
04/29/14-05/01/14	Atypical Sexual Behavior	Chapter 16 <b>Thought Paper #3 Due – 05/01/14</b>
05/06/14-05/08/14	Sexual Coercion	Chapter 17
05/13/14	Sex For Sale	Chapter 18
<b>05/15/14</b>	<b>Final Exam</b>	<b>Chapters 14 &amp; 16-18</b>

**This instructor reserves the right to make announced modifications to this course outline.**