

IMPERIAL VALLEY COLLEGE

Spring 2012

COUN 120

“College Success Skills”

Course :

COUN 120 “College Success Skills”

- Section Number: 10928
- Credit hours: 3 units
- Class Times: Wednesday, 3:05pm to 6:10pm
- Class Room: 200-208
- Materials/Text: ***The Essential Guide to Becoming a Master Student*** Third Edition, Wadsworth. **3-ring binder (1” to 2”) 11” X 8 ½ college ruled notebook paper, dividers & planner. REQUIRED.**

Instructor :

Veronica Soto, M.A., IVC Academic Counselor

- Office: Counseling (bldg. 100)
- Office Hours: By appointment ONLY
- Office Phone: (760) 355-6263
- EMAIL: veronica.soto@imperial.edu (preferred)

Course Description

The course is designed to assist students in learning how to reach their educational and life planning goals. Topics covered will include orientation to Imperial Valley College, study skills and personal adjustments to college life. Strategies covered will include skills such as creative goal setting, note-taking, listening, time-management, learning styles, test taking, library and financial resources and educational program planning. Course is recommended for new and continuing students.

Student Learning Outcomes: Students will:

- Identify ten campus resources and be able to explain what resources they find are important for their personal college success.
- Identify three study tips and three ways to take notes and state how improving these techniques are important for student college success.
- Identify what is their short term/long term academic goal(s).

Course Requirements

- **Attendance/Participation**
Attendance is necessary for participation. **You are responsible for dropping class by deadline (Nov. 09, 2013).** Leaving class early will result in 1 absence. Class will begin promptly, Please be on time. **(3 tardy = 1 absence) (4 unexcused absences may result being dropped from class)**
- **In Class Assignments & Homework**
In & out of class assignments will deal with Journals, Critical Thinking and Case Studies. Writing Assignments will be graded on content and not on grammar. However, grammar and punctuation will be corrected. **Homework assignment will be due at the beginning of the following class (NO LATE ASSIGNMENTS! (Unless you have mitigating circumstances).**
- **Midterm Review & Final**
There will be a midterm and final exam. If you attend every class meeting, participate in discussions, and complete all assignments you will be ready to take both exams.

Grading (400 pts possible)

400-360pts = A 359-320pts = B 319-280pts = C 279-240pts = D 239-below = F

HW/10 Case Studies= 125pts Discovery Pre/Post Wheel= 20ea/40pts Campus Pre/Post Survey= 10ea/20pts
Scavenger Hunt/Presentation= 30 ea/60pts Journal 1&2= 20ea/40pts Email Activity=20pts
Stress Survey=20pts SEP= 25pts MIDTERM=20pts FINAL=30pts

DSPS

Should a student enrolled in the course require a special accommodation due to a disability in order to complete the requirements of the course, please advise the instructor immediately or contact the Disabled Student Programs at (760) 355-6312.

NOTE: Tentative Schedule: *(subject to change with advanced notice)*

Date	Section	Topic
Week 1 08/21	Intro/Syllabus/Online Orientation	Intro/Orientation/Attitude vs. Commitment HW: Get Planner and Study Syllabus
Week 2 08/28	Syllabus/Campus Discuss Goals	Email Assignemnt/Campus Resources/Goals HW: Read Pgs: 1-8 Do Pg 9-11 (Discovery Wheel)/Email
Week 3 09/4	Campus Resources Goals Continued	Pre Survey: Campus Resources Scavenger Hunt Pg 12, in class HW: Read Pgs: 15-19 Do Pg13 & LSI 1-7/CS # 1/ SH Part 1
Week 4 09/11	Learning Styles/ Management	Scavenger Hunt Presentations & Pt 2/Learning Styles/ HW: Read Pgs: 21-27, 37-43 Do 24-25 & 28-30 CS#2
Week 5 09/18	Reading Tips	Post Survey/Reading Tips/SQR3+R3/ Pg 44 in class/CS #3 HW: Read Pg 51-56,58-64 Do Pg 57 / Bring Notes from a class
Week 6 09/25	Note-Taking Tips	Discover Your Notes/SQR3/CS #4/ Pg 65 in Class HW: Journal #1/Read Pg 67-74, 76-78 Do Pg74 (Make apt w/ Coun. SEP)
Week 7 10/02	Study/Test Taking Tips/Grades	Study & Test Taking Habits/Study Guide/Grades/ Pg 79 in class HW: CS # 5 , Read Pg 123-125 Do Pg126-127 & 133
Week 8 10/09	Stress/Optimal Health	Health Matters/Stress/Anxiety and Grades/ CS # 6/ HW: Study for Midterm
Week 9 10/16	Midterm	Midterm/Open for Discussion HW: Read Pgs 81-86 Do Pg 87, 91 stressors/CS#7
Week 10 10/29	Technology/Research & Info/Literacy Skills	Health 101/Types of Relationships/Types of Personalities HW: Read Pg 107-112, 114-117 Do Pg 113 & 118
Week 11 10/23	Attitudes/Relationships	Presentation /Research & Literacy HW: Stress Survey DUE: 11/06, CS #8
Week 12 10/30	Financial Resources Scholarships/	Financial Aid Presentation/Money Worries/ HW: Read Pg 21-22 Seek Scholarships to apply.
Week 13 11/06	Financial Aid	Financial Aid TV/Scholarship Presentation/ CS #9 HW: Read Pg. 135-144 Do Pg 142 & 145 (BOTH Extra Credit)
Week 14 11/13	Discussing Careers/Programs @ IVC	IVC Programs/ED Plan/Transfer Options HW: CS #10 /SEP DUE: 11/20
Week 15 11/20	Self-Evaluation	In class: Discovery Wheel: Do Pg 148-150/ Journal #2 Create list of classes to register for Spring 2014
Week 16 11/27	Final Review/SEP	Review: SEP (Planner)/Open Discussion Topics HW: Review for Final!
Week 17 12/4	FINAL	FINAL: Have a great Winter Break!