# Imperial Valley College Nursing Allied and Health Technologies NUR 112 - CLINICAL ROTATION SCHEDULE FALL 2013 - 1st Semester

**NUR 112 – Nursing Process Application I** 

Course Number: 10729 4 Units

Instructors:

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# Introduction and course description

This course involves clinical application of both theoretical concepts taught in Nursing Process 1 and tactile skills taught in Nursing Skills Laboratory 1. All aspects of the nursing process will be applied to client situations. **QSEN – Quality and Safety Education for Nurse.** QSEN competencies will be integrated into the course curriculum to build upon the fundamental concepts introduced in prior courses with the focus on health issues across the lifespan. Clinical opportunities are designed to facilitate application of QSEN competencies in knowledge, skills, and attitude focusing on lifespan health issues through care of diverse populations in a variety of settings.

## **Prerequisites**

- 1. English 101
- 2. Demonstration of Math Competency
- 3. Demonstration of Reading Competency
- 4. Psychology 101

- 5. Biology 204 and Biology 206
- 6. Biology 200 and biology 202
- 7. Biology 220 General Microbiology
- 8. Admission to the Nursing Program

#### Corequisites

- 1. NURS 110 Nursing Process 1
- 2. NURS 110 Nursing Process 1
- 3. NURS 114 Pharmacology
- 4. Introduction to Sociology (SOC 1) or Cultural Anthropology (ANTH 2)

#### **SLO's -Student Learning Objectives**

- 1. Students will apply basic fundamental nursing skills learned in NURS 111 and NURS 110 to clients of various backgrounds in a safe and effective manner
- 2. Students will demonstrate knowledge in documenting nursing care
- **3.** Students will compare and contrast physical assessment in clients of all ages with emphasis on the physiological basis of vital signs

#### **Special Considerations and Disabilities**

Any student with a documented disability who may need educational accommodations should notify the instructor and the Disabled Student Programs and Services (DSP&S) office as soon as possible. DSPS is in room 2117 355-6312

<sup>\*</sup>Prerequisites and corequisites may change from time to time. The college policies and the RN Handbook take president if there is a discrepancy.

#### **Course Objectives:**

- 1. Complete an orientation program to the hospital; to the assigned unit; to hospital resources.
- 2. Use the three phases of the nurse-client relationship w/ an assigned client and interact with healthcare providers of all disciplines.
- 3. Take and accurately record vital signs on assigned client.
- 4. Administer a bed bath and make a bed for an assigned client.
- 5. Do a basic physical assessment and develop a care plan on an assigned client.
- 6. Administer and document medications (not IV's) to assigned client.
- 7. Complete an orientation to post-mortem care.
- 8. Apply principles of Standard Precautions on assigned client.
- 9. Transfer a client from bed to chair or chair to bed using proper body mechanics; turn and reposition the client; use a mechanical lift.
- 10. Use appropriate communication skills considering age and socio-cultural heritage of client.
- 11. Collect any specimens ordered according the hospital/facility protocols; administer an enema
- 12. Assist a client to eat a meal using the personal and environmental principles; monitor and record intake and output on the assigned client.
- 13. Identify defense mechanisms the assigned client may be using; identify defense mechanisms being used by the student
- 14. Complete admission and/or discharge procedures as possible.
- 15. Given a client's lab values for arterial blood gases, identify normals, deviations from normal, and label these deviations as either metabolic or respiratory, alkalosis or acidosis.
- 16. Assess the fluid balance of a variety of clients using daily weight checks, intake and output records, laboratory reports, and nursing observations; differentiate nursing interventions to prevent imbalances of fluids and electrolytes.
- 17. Perform the following skills on assigned clients: glucometer checks, insertion and/or irrigation a nasogastric tube, administration of a tube feeding, wound/decubitus care, removal of sutures/staples/drains; irrigate a catheter and/or administer medications via catheter as ordered.
- 18. Utilize the nursing process to develop care plan designed to meet the needs of and elderly client.
- 19. Provide nursing care for a client with a common O<sub>2</sub>-CO<sub>2</sub> exchange problem
- 20. Provide nursing care for a client with a common urinary and/or lower intestinal tract problem
- 21. Apply knowledge of stages of death and dying in caring for a dying client and the family care-giver.
- 22. Perform a safe respiratory assessment and identify normal lung sounds on assigned clients.
- 23. Develop nursing diagnoses, outcomes, and nursing interventions related to sleep problems.
- 24. Document all care given appropriately

### Grading

Course grades are based on the following scale and are not rounded up.

A = 92%-100%

B = 83% - 91%

C = 75% - 82%

D = 68% - 74%

F = Below 68%

Successful completion is based on the following:

75% or better of total possible points accumulated for entire course and 75% or better of total points on the final

Demonstrating knowledge of skills through successful check-offs is required To meet course objectives.

#### **Attendance Policy**

According to Imperial Valley College catalog: attendance is expected of all students enrolled and will be considered when computing grades. A student may be excluded from further attendance in a class during any semester when absences have exceeded the number of class hours that the class meets per week configured as if the class hours were spread over the semester. Further, the instructor can request a student be removed from class if the student is judged to be a disturbing element in the class.

In addition, the attendance policy of the Nursing Program, including but not limited to the following:

- 1. A student who exceeds the maximum allowable number of hours absent (13.5 hrs.) must file a petition to remain in the nursing program. The student will meet with the program team to discuss the situation and consideration for dismissal.
- 2. If remediation is considered, additional study assignments will be based upon the classroom objectives as determined by the instructor
- 3. Students who are late to class 3 times in any nursing course will be considered absent for one day.
- 4. It is the student's responsibility to check on announcements any time absent or tardy
- 5. It is the student's responsibility to drop the class through Webstar before the drop date if they do not intend to continue in the class. Failure to drop the class by the drop date will result in possible failure of the class.

## Acceptable behaviors:

Arriving on time to clinical and post conferences. Wearing complete IVC nursing uniform, including ID badge, to assigned clinical facility for class related assignments. Documenting and reporting to hospital staff nurse before leaving the clinical site. See guidelines in RN Handbook for complete description of behavior and dress for clinical. Discussion of differing viewpoints or concerns when expressed in a manner conducive to the learning environment

Uniforms must be clean and pressed, have no inappropriate visible undergarments. Nursing shoes must be maintained white and clean. Clinical tools include a stethoscope, pen light, black ink pen and a watch. Please wear a second hand watch that is quickly removed and easily wiped clean with hospital approved disinfectants. Long hair must be pulled back or rolled up.

### **Academic dishonesty:**

Any student guilty of academic dishonesty, including plagiarism, must meet with the instructor and Program Director to determine if the student shall remain in the nursing program. The student will also meet with the Dean of School.

## Unacceptable classroom behavior includes but is not limited to:

Phone texting, phone conversations, using personal computers for non-class activities, talking in class, and reading other than class coursework, academic dishonesty, such as plagiarism and cheating and behavior disruptive to the learning environment. Any type of harassment including sexual will not be tolerated and will be handled according to the policies of the college. Long hair will not be worn down during clinical assignments. Absolutely no nail polish, tattoos or body piercing hardware will be worn during clinical assignments. Removing items, forms and hospital or patient health information from the clinical site

Pharmacology drug program installed in I-phones or androids may be used in the clinical area **ONLY** with instructor's approval. The only designated area is at the medication cart, or medication room. Phones are not allowed in class or clinical area for no other reason except pharmacology program use. **A phone will never be allowed in the**<u>patient/client room, or exam room.</u> Violation of this privileged will result in class dismissal for the day, an unsatisfactory and further disciplinary action. Phones used in a patient/client area may constitute a HIPPA and Institutional violation.

#### Deadlines:

Students will not be allowed into clinical if they have not completed their background checks, immunizations, CPR, physicals and other requirements as specified. Each day missed counts as an absence. If a student comes to clinical knowing that they have not completed one or more of these areas they will be considered to be dishonest and must meet with the instructor and program director to consider dismissal from the nursing program. Assigned written work is due on dates specified by the instructor and must be submitted at the beginning of class. Partially completed work is not accepted. Late work: Will have 10% deducted from the score achieved for each day late. (If over a two day weekend, only 10% will be deducted)

If events occur which prevent timely submittal, special permission may be requested in writing before the due date stating the reason for the extension and the amount of time requested. If the student is unable to come to class the day work is due, it is the student's responsibility to contact the instructor and make arrangement for submission of the work

## **Course Content, Assignments and Examinations**

There may be an online component of this class is through Blackboard. It is the student's responsibility to keep their email information up to date. Content emphasized in class reading assignments, presentations, lectures, discussions, and some video assignments will be used in the examinations.

**Participation & Progressive Expectations:** You are expected to increase participation and readiness for class as the semester progresses. Participation includes discussions in

pre/post conferences, communicating with hospital and clinical site nursing staff, asking/answering questions, and group work

## TEXTBOOK(S): recommended books from NUR 110, NUR 111 and NUR 113

- Berman (2012). Kozier & Erb's Fundamental of Nursing w/CD (9th /e). Upper Saddle River Pearson/Prentise Hall. ISBN: 0138024618
- Lynn (2010). Taylor's Clinical Nursing Skills w/CD (4th/e). Lippincott, William, Wilkins. ISBN: 071879384X
- Delgin (2013). *Davis' Drug Guide for Nurses w/CD* (13th/e). FA Davis. ISBN: 0803619111
- Doenges (2010). Nursing Care Plans (8th/e). FA Davis. ISBN: 803630413
- Doenges, Marilynn (2013). Application of Nursing Process and Nursing Diagnosis (6th/e). FA Davis . ISBN: 0803629125
- Hogan (2013). Reviews & Rationales: Fluids, Electrolytes, and Acid-Base Balance w/CD (3rd/e).
   Prentice Hall.

ISBN: 0132958554

- Lutz, (2011). Nutrition & Diet Therapy (5th/e). FA Davis Publishing. ISBN: 0803622022
- Taber's (2011). Taber's Cyclopedia Medical Dictionary (22/e). Prentis Hall. ISBN: 803629776
- Berman (2012). Study Guide for Kozier & Erb's Fundamentals of Nursing (9th/e). Upper Saddle River Pearson/Prentice Hall. ISBN: 0131889389