Division of Nursing and Health Technologies NUR 112 CLINICAL COURSE OBJECTIVES 1st Semester – Spring 2014

NUR 112 - Nursing Process Application I

Course Number: 20830 & 20831 **Units:** 4.0

Clinical Days: Wed. & Thu 0700 – 1520 at assigned clinical facility

Instructors:

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Introduction and course description

This course involves clinical application of both theoretical concepts taught in Nursing Process 1 and tactile skills taught in Nursing Skills Laboratory 1. All aspects of the nursing process will be applied to client situations. **QSEN – Quality and Safety Education for Nurse.** QSEN competencies will be integrated into the course curriculum to build upon the fundamental concepts introduced in prior courses with the focus on health issues across the lifespan. Clinical opportunities are designed to facilitate application of QSEN competencies in knowledge, skills, and attitude focusing on lifespan health issues through care of diverse populations in a variety of settings.

Prerequisites

- 1. English 101
- 2. Demonstration of Math Competency
- 3. Demonstration of Reading Competency
- 4. Psychology 101

- 5. Biology 204 and Biology 206
- 6. Biology 200 and biology 202
- 7. Biology 220 General Microbiology
- 8. Admission to the Nursing Program

Corequisites

- 1. NURS 110 Nursing Process 1
- 2. NURS 110 Nursing Process 1
- 3. NURS 114 Pharmacology
- 4. Introduction to Sociology (SOC 1) or Cultural Anthropology (ANTH 2)

SLO's -Student Learning Objectives

- 1. Students will apply basic fundamental nursing skills learned in NURS 111 and NURS 110 to clients of various backgrounds in a safe and effective manner
- 2. Students will demonstrate knowledge in documenting nursing care
- 3. Students will compare and contrast physical assessment in clients of all ages with emphasis on the physiological basis of vital signs

^{*}Prerequisites and corequisites may change from time to time. The college policies and the RN Handbook take president if there is a discrepancy.

Course Objectives:

- 1. Complete an orientation program to the hospital; to the assigned unit; to hospital resources.
- 2. Use the three phases of the nurse-client relationship w/ an assigned client and interact with healthcare providers of all disciplines.
- 3. Take and accurately record vital signs on assigned client.
- 4. Administer a bed bath and make a bed for an assigned client.
- 5. Do a basic physical assessment and develop a care plan on an assigned client.
- 6. Administer and document medications (not IV's) to assigned client.
- 7. Complete an orientation to post-mortem care.
- 8. Apply principles of Standard Precautions on assigned client.
- 9. Transfer a client from bed to chair or chair to bed using proper body mechanics; turn and reposition the client; use a mechanical lift.
- 10. Use appropriate communication skills considering age and socio-cultural heritage of client.
- 11. Collect any specimens ordered according the hospital/facility protocols; administer an enema
- 12. Assist a client to eat a meal using the personal and environmental principles; monitor and record intake and output on the assigned client.
- 13. Identify defense mechanisms the assigned client may be using; identify defense mechanisms being used by the student
- 14. Complete admission and/or discharge procedures as possible.
- 15. Given a client's lab values for arterial blood gases, identify normals, deviations from normal, and label these deviations as either metabolic or respiratory, alkalosis or acidosis.
- 16. Assess the fluid balance of a variety of clients using daily weight checks, intake and output records, laboratory reports, and nursing observations; differentiate nursing interventions to prevent imbalances of fluids and electrolytes.
- 17. Perform the following skills on assigned clients: glucometer checks, insertion and/or irrigation a nasogastric tube, administration of a tube feeding, wound/decubitus care, removal of sutures, staples and drains; irrigate a catheter and/or administer medications via catheter as ordered.
- 18. Utilize the nursing process to develop care plan designed to meet the needs of and elderly client.
- 19. Provide nursing care for a client with a common O2-CO2 exchange problem
- 20. Provide nursing care for a client with a common urinary and/or lower intestinal tract problem
- 21. Apply knowledge of stages of death and dying in caring for a dying client and the family care-giver.
- 22. Perform a safe respiratory assessment and identify normal lung sounds on assigned clients.
- 23. Develop nursing diagnoses, outcomes, and nursing interventions related to sleep problems.
- 24. Document all care given appropriately

Special Considerations and Disabilities

Any student with a documented disability who may need educational accommodations should notify the instructor and the Disabled Student Programs and Services (DSP&S) office as soon as possible. The DSP&S office is located in Building 2100, room 2117, telephone 760-355-6313 if you feel you need to be evaluated for educational accommodations.

Student Counseling and Health Services

Students have counseling and health services available, provided by the pre-paid Student Health fee. We now also have a fulltime mental health counselor. For information see http://www.imperial.edu/students/student-health-center/. The IVC Student Health Center is located in the Health Science building in Room 2109, telephone 760-355-6310.

Instructional Methods

Audio visual, internet research and computer assisted instructions, post-conference discussion, demonstration, case studies, individual assistance, and group activities. Two (2) hours of independent work done out of class per each hour of lecture or class work, or 3 hours lab, practicum or the equivalent per unit is expected.

Grading

Course grades are based on the following scale and are not rounded up.

A = 92%-100%

B = 83% - 91%

C = 75% - 82%

D = 68% - 74%

F = Below 68%

Successful completion is based on the following:

75% or better of total possible points accumulated for entire course and

75% or better of total points on the final

Demonstrating knowledge of skills through successful check-offs is required to meet course objectives.

All of the following must be attained to successfully pass this course:

- a. Final Theory Exam score must be passed at a 75%.
- b. Clinical grade must total equivalent of 75% or greater based on all points accumulated.
- c. Theory (exams) grade must total equivalent of 75% or greater.
- d. Pharmacology calculation exam must be passed with a 92%.

Assignments:

<u>Class activities:</u> class participation, discussion, presentations, unit exams, pop quizzes, calculation exam and Final exam.

Out-of-class:

The Department of Education policy states that one (1) credit hour is the amount of student work that reasonably approximates not less than one hour of class time <u>and</u> two (2) hours of out-of-class time per week over the span of a semester. WASC has adopted a similar requirement. Assignments may include, but not limited to, nursing lectures or inservices offered by local health facilities, independent exercises, and learning center activities

Assignment Deadlines:

Assigned written work is due on dates specified by the instructor and must be submitted at the beginning of class. Partially completed work is not acceptable and will affect your grade. Late work will have 10% deducted from the score achieved for each day late. (If over a two day weekend, only 10% will be deducted). If events occur which prevent timely submittal, special permission may be requested in extreme cases. If the student is unable to come to class the day work is due or a test is assigned, it is the student's responsibility to contact the instructor and make arrangement for submitting work prior to the due date.

Reading assignments from required textbooks listed for this course (see text book list), and the pharmacology text used in the pharmacology course. Writing assignments and/or professional papers will reflect the objectives listed. CD/DVD viewing, internet, research evidence-base articles Additional reference materials will be available in the nursing learning center.

Participation & Progressive Expectations:

You are expected to increase participation and readiness for class as the semester progresses. Participation includes discussions in pre/post conferences, communicating with hospital and clinical site nursing staff, asking/answering questions, and group work

Attendance Policy

- A student who fails to attend the first meeting of class or clinical will be dropped by the instructor as
 of the first official meeting of that class. Should readmission be desired, the student's status will be
 the same as that of any other student who desires to add a class. It is the student's responsibility to
 drop or officially withdraw from the class. See General Catalog for details.
- Regular attendance in all classes is expected of all students. A student whose continuous, absences exceed the number of hours the class is scheduled to meet per week may be dropped.
- A student who exceeds the maximum allowable number of hours absent (13.5 hrs.) is in danger of being dropped from the program and must file a petition to remain in the nursing program. The student will meet with the program director to discuss the situation and consideration for dismissal.
- If remediation is considered, additional study assignments will be based upon the classroom objectives as determined by the instructor
- Students who are late to clinical 3 times in any nursing course will be considered absent for one day.
- It is the student's responsibility to check on announcements any time absent or tardy
- It is the student's responsibility to drop the class through Webstar before the **drop date 4/17/2014**, if they do not intend to continue in the class. <u>Failure to drop the class by the drop deadline will result in a failure "F" grade in Webstar.</u>

CLASSROOM ETIQUETTE

- <u>Electronic Devices:</u> Cell phones and electronic devices must be turned off and put away during class unless
 - otherwise directed by the instructor. **Consider:** specifics for your class/program
- <u>Food and Drink</u> are prohibited in all classrooms. Water bottles with lids/caps are the only exception. Additional restrictions will apply in labs. Please comply as directed.
- <u>Children in the classroom:</u> Due to college rules and state laws, no one who is not enrolled in the class may attend, including children.
- Mandatory requirements: It is each student's responsibility to complete all facility requirements, i.e.,
 BLS training, immunizations, background checks, drug screening, specific hospital orientation, etc.,
 prior to clinical rotations (please see the student handbook for more information). A student will not
 be allowed to attend any clinical hours until this is done. If over the maximum hours of absenteeism
 because of this, the student will be dropped from the class.
- <u>Disruptive Students:</u> Students who disrupt or interfere with a class may be sent out of the room and told to meet the nursing program director and the Campus Disciplinary Officer before returning to continue with coursework. Disciplinary procedures will be followed as outlined in the General Catalog. Examples of disruptive behaviors include but are not limited to phone texting, using cell phones in class, using personal computers for non-class activities, talking in class, and reading other than class coursework materials.
- There may be an online component of this class is through Blackboard. It is the student's responsibility to keep their email information up to date.

Acceptable behaviors: Professional conduct is required of nursing students: think like a nurse, act like a nurse. Working collaboratively on group projects as directed. Discussion of course topics or diverse or contrary viewpoints or concerns when expressed in a manner conducive to the learning environment. Arriving on time to clinical facility for class related assignments and post conferences. Wearing complete IVC nursing uniform, including ID badge. Documenting and reporting to hospital staff nurse before leaving the clinical site. (See guidelines in RN Handbook for complete description of behavior and dress code). Discussion of differing viewpoints or concerns when expressed in a manner conducive to the learning environment. Maintaining patient/client/facility confidentiality

<u>Unacceptable behaviors</u>: Any type of harassment, including sexual, or inappropriate behaviors will not be tolerated and will be handled according to the policies of the college and the hospital policies.

- Violation of HIPPA laws: documents from hospitals or health facilities may not be copied
- Using cell phones or taking pictures in the clinical areas, divulging patient information in any manner
- Using inappropriate language

Academic Dishonesty:

<u>Plagiarism</u> is to take and present as one's own the writings or ideas of others, without citing the source. You should understand the concept of plagiarism and keep it in mind when taking exams and preparing written materials. If you do not understand how to correctly 'cite a source', you must ask for help.

<u>Cheating</u> is defined as fraud, deceit, or dishonesty in an academic assignment or using or attempting to use materials, or assisting others in using materials, or assisting others in using materials, which are prohibited or inappropriate in the context of the academic assignment in question.

Anyone caught cheating or will receive a zero (0) on the exam or assignment, and the instructor will report the incident to the Nursing Program Director and Campus Disciplinary Officer, who may place related documentation in a file. Repeated acts of cheating may result in an F in the course and/or disciplinary action. Please refer to the General School Catalog for more information on academic dishonesty or other misconduct. Acts of cheating include, but are not limited to the following: (a) plagiarism; (b) copying or attempting to copy from others during an examination or on an assignment; (c) communicating test information with another person during an examination; (d) allowing others to do an assignment or portion of an assignment, (e) use of a commercial term paper service

Mandatory Requirements for Clinical Practice:

Students will not be allowed into clinical if they have not completed their background checks, immunizations, CPR, physicals and other requirements as specified. If a student comes to clinical knowing that they have not completed one or more of these mandated requirements will be considered to be dishonest and must meet with the instructor and program director to consider dismissal from the nursing program. Please see Laura Hartsock in the nursing office to verify completion of all entrance requirements.

Information Literacy

Imperial Valley College is dedicated to help students skillfully discover, evaluate, and use information from all sources. Students can access tutorials at: http://www.imperial.edu/courses-and-programs/divisions/arts-and-letters/library-department/info-lit-tutorials/

Additional Help

- <u>Blackboard</u> support center: http://bbcrm.edusupportcenter.com/ics/support/default.asp?deptID=8543
- <u>Learning Labs</u>: There are several 'labs' on campus to assist you through the use of computers, tutors, or a combination. Please consult your college map for the Math Lab, Reading & Writing Lab, and Learning Services (library). Please speak to the instructor about labs unique to your specific program
- <u>Library Services:</u> There is more to our library than just books. You have access to tutors in the learning center, study rooms for small groups, and online access to a wealth of resources.

Instructor's Expectations:

- Communication! Communication! Communication!
- Ask questions of instructor or nursing staff when in doubt or seeking assistance
- Develop <u>Self Initiative</u>: please look for opportunities to learn and observe during downtime
 in the clinical areas. Waiting to do something is not going to get you anywhere. Watch and
 Learn.
- Enjoy your clinical experiences

Textbook list

See attached list in NUR 110 and NUR 111